Southern Pride

拍數: 64

級數: Phrased High Beginner

編舞者: Wayne Hucks Jr. - January 2016

音樂: South Side - Thomas Rhett

RESTART at wall 3

START after 16 counts at lyrics - AB,AB,AB*restart,BB

SEC A - 32 counts (verses of song)

A1: 2 Toe-heel crosses, Rock-step ½ R turn step, ½ R chase turn

- 1&2 R inward toe tap, R outward heel tap, cross R step over L
- 3&4 L inward toe tap, L outward heel tap, cross L step over R
- 5&6 R fwd, recover weight on L, ½ R turn onto fwd R (6:00)
- 7&8 L fwd, 1/2 R turn recover weight onto R, L fwd (12:00)

A2: L Full turn, 3 Hip sways, L Side Body roll

- 1&2,3,4,5 ¹/₂ L turn onto R, ¹/₂ L turn onto L, R side step, Sway hips R-L-R
- 6,7,8 Tilt head to L, roll shoulders to L, roll hips to a "sit" w/ slightly bent knees

A3: 2 Walks-touch(*odd rows), 2 Walks-touch(*even rows), 2 Mambos

1&2, 3&4 R-L walks w/ R touch , repeat (*opt odd rows 1st set, even rows 2nd set)

5&6, 7&8 R fwd step, recover weight on L, R back; L back, recover weight R, L fwd

A4: 1/2 L Pivot, 1/2 L Chase turn w/touch, 2 Heel switches, Slide-together

1-2, 3&4	R fwd step- ¹ / ₂ L turn onto fwd L (6:00), R fwd, ¹ / ₂ L turn onto L, R touch (12:00)
5&6&, 7-8	R heel fwd, step R, L heel fwd, step L; Big R side step, L step together

SEC B – 32 counts (chorus of song)

B1: L/R Side point-holds, side point switches, hip roll

(*opt L half of group only dances this, R half just stays in place freestyling)

- 1-2&, 3-4& L side point-hold, step L; R side point-hold, step R
- 5&6&, 7-8 L side point, L step, R side point, R step; counterclockwise hip roll

B2: Repeat B1 pattern R/L (*opt R half of group only, L half freestyles)

1-2&, 3-4& R side point-hold, step R; L side point-hold, step L

5&6&, 7-8 R side point, R step, L side point, L step; clockwise hip roll

***RESTART wall 3 w/ beginning of B

B3: Repeat L/R (*opt L half does L/R & R half does R/L together "mirror" effect)

- 1-2&, 3-4& L side point-hold, step L; R side point-hold, step R
- 5&6&, 7-8 L side point, L step, R side point, R step; counterclockwise hip roll *end w/ weight on L

B4: 2 kick-step-points, 2x 1/4 L hip roll turns

- 1&2, 3&4 R fwd kick, R step, L side point; L fwd kick, L step, R side point
- 5-6, 7-8 R fwd 1/4 L turn w/ counterclockwise hip roll, repeat (6:00)

Created 01/12/16 stepsheet by Annemarie Dunn - wordinmotionap2g@yahoo.com Submitted By : Annemarie Dunn





牆數:2