# Sing O-A-O



拍數: 32 牆數: 4 級數: High Beginner

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音樂: Better When I'm Dancin' - Meghan Trainor



### Intro: 16 counts

## Section 1: Right Bota Fogo. Left Bota Fogo. Forward Rock. Triple Full turn Back.

Step forward crossing right over left. Rock left to left. Recover onto right.
Step forward crossing left over right. Rock right to right. Recover onto left.

5-6 Rock forward on right. Recover onto left.

7&8 Triple full turn back over right shoulder stepping right, left, right.

Easy Option: Replace triple full turn with a Coaster Step

# Section 2: Forward Mambo. Back Mambo. Step. 1/2 Turn right. Chasse 1/4 Turn right.

1&2 Rock forward on left. Recover onto right. Step back on left.3&4 Rock back on right. Recover onto left. Step forward on right.

5-6 Step forward on left. Turn 1/2 right.

7&8 Turn 1/4 right Stepping left to left. Close right beside left. Step left to left.

## Section 3: Back Rock. Kick Ball Cross .Side. Hold. Ball. Right Chasse.

1-2 Rock back on right. Recover onto left.

3&4 Kick right diagonally forward. Step down on right. Cross left over right.

5-6& Step right to right. Hold. Step down on ball of left taking weight. 7&8 Step right to right. Close left beside right. Step right to right.

#### Section 4: Back Rock. Kick Ball Cross. Side. Hold. Ball. Left Chasse.

1-2 Rock back on left. Recover onto right.

3&4 Kick left diagonally forward. Step down on left. Cross right over left.5-6& Step left to left. Hold. Step down on ball of right taking weight.

7&8 Step left to left. Close right beside left. Step left to left.

Ending: At the end of the dance facing 3 o'clock replace the Chasse of section 4 (Steps 7&8)

With: Chasse 1/4 turn left to face front wall