Live While You're Alive (All Night Anthem)

COPPERINOB

拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Chris Whittaker (USA) - January 2016

音樂: Anthem - Thomas Rhett



Walk Walk, Syncopated R Rocking Chair, Kick Ball Change X 2

3&4& Rock fwd on R, Recover L, Rock Back on R, step L
5&6 Kick Right, Touch Ball of R, Step Left with traveling right
7&8 Kick Right, Touch Ball of R, Step Left with traveling right

Side Rock Recover Cross X 2, R Locking Step, L Locking Step

| 1&2 | Step R to Side, Bring Left Behind R, Cross R in Front |
|-----|---|
| 3&4 | Step L to Side, Bring R Behind L, Cross L in Front |
| 5&6 | Step R Forward, Bring L Behind, R Forward |
| 7&8 | Step L Forward, Bring R Behind, L Forward |

Rock Recover, Shuffle 1/4 Turn, Kick Ball Change, Kick Ball Change

| 1-2 | Rock fwd on R, Recover on L |
|-----|-------------------------------|
| 3&4 | Shuffle ¼ Turn to Right R-L-R |

5&6 Kick Left forward, step on ball of left foot, step right in place 7&8 Kick Left forward, step on ball of left foot, step right in place

Side Point, Side Point, Kick, Kick, R Diagonal Drag ½ Turn Shuffle

| &1&2 Shift L Weight, Point to | e to side R, ball step R, point toe to side L |
|-------------------------------|---|
|-------------------------------|---|

3 & 4 Kick R, step R together, Kick L

& 5-6 Step together on L, step R forward on the diagonal, drag L next to right (keep weight on R)

7 & 8 Turn shuffle to the left L-R-L

TAG: At the start of the 3rd wall "Doubledee Boogie Walks" (Basic Hip Bumps) forward moving hips and arms together.

| 1&2 | Step forward Right with hips R-L-R |
|-----|------------------------------------|
| 3&4 | Step forward Left with hips L-R-L |
| 5&6 | Step forward Right with hips R-L-R |
| 7&8 | Step forward Left with hips L-R-L |

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Last Update - 4th Feb. 2016