Sticks and Stones

拍數: 32

級數: Beginner

編舞者: Frank Heelan (IRE) - January 2016

音樂: Words Can Break Your Heart - Don Henley



- 1-2 Rock forward right, recover to left.
- 3&4 step back right, left together, back right.
- 5-6 Rock back left, recover to right.
- Step left forward, right together, forward left. 7&8

Section 2: Rock right recover, sailor ¼ left. Rock left recover sailor ¼ left.

- 1-2 Rock right to right, recover to left.
- 3&4 Step right behind left, recover to left, turn 1/4 left stepping out on right.
- 5-6 Rock left to left recover to right.
- 7&8 Step left behind right, recover to right, Turn 1/4 left stepping out on left.

Section 3: Right side behind, ball cross, side, left behind recover, chasse left.

- 1-2 Step right to side, step left behind.
- &3-4 Step on ball of right, cross left over right, Step right to right.
- 5-6 Rock left behind, recover to right.
- 7&8 Step left, right together step left.

Section 4: Right behind, unwind, shuffle ½ turn, right coaster step, step lock step.

- Touch right toe behind unwind $\frac{1}{2}$ turn right. 1-2
- 3&4 Turn ¹/₂ right stepping back left, step right Next to left, step back left.
- 5&6 Step right back, left together, forward right
- 7&8 step left forward, lock right, left forward.

Tag and Restart: End of wall 3 dance first 8 counts and add 4 hip sways. R, L, R, L. End of wall 6 & 7 add 4 hip sways R, L, R, L.

On wall 9 music fades a little for 8 beats just dance through in time.

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牆數: 2