Rock' n' Roll is Here To Stay



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Sonja Hemmes (USA) - January 2016

音樂: Rock'n'Roll Is Here to Stay - Danny & The Juniors



Start after 'Oh Baby', 4 times and on lyrics 'Rock' n' roll is here to stay'.

TOE STRUTS FORWARD

1-2	Touch right toe forward, drop right heel as you put weight onto right foot
3-4	Touch left toe forward, drop left heel as you put weight onto left foot
5-6	Touch right toe forward, drop right heel as you put weight onto right foot
7-8	Touch left toe forward, drop left heel as you put weight onto left foot

ROCK & CROSS, RIGHT & LEFT, HOLD

1-2	Step right foot to right side, step left foot beside right foot
3-4	Cross right foot over left foot, hold
5-6	Step left foot to left side, step right foot beside left foot
7-8	Cross left foot over right foot, hold

POINT, CROSS, HOLD, POINT, CROSS, HOLD

1-2	Touch right toe to right side, hold
3-4	Step right foot across front of left foot, hold
5-6	Touch left toe to left side, hold
7-8	Step left foot across front of right foot, hold

JAZZ BOX 1/4 TURN WITH HOLDS

1-2	Cross right foot over left foot, hold
3-4	Step back on left foot, hold
5-6	Step forward on right foot turning 1/4 right, hold
7-8	Step left foot next to right foot, hold

SMILE, BEGIN AGAIN, HAVE FUN!