Runaway Train

拍數: 32

級數: Improver

編舞者: Candee Seger (USA) - January 2016

音樂: Runaway Train - Cam : (Album: Untamed)

Step, touch, s	tep, kick, step point back, step pivot 1/2 turn
1,2,3,4	(Wt on R) Step L slightly forward, touch R toe to L heel, step R in place, kick LF forward
5,6	Step on L next to R, point R toe back, leaning slightly forward
7,8	Step R forward, Turn 1/2 L, stepping L in place □(6:00)
Restart: Wall	5—Keep weight on R, touching for Count 8, touch L in place on floor after pivot
Cross points 2	2x traveling slightly forward, jazz box cross
1,2	Cross RF over L, point L to L side
3,4	Cross LF over R, Point R to R side
5,6	Cross R over LF, step back on L
7,8	Step R to R side, Cross L next to R
Weave R, roc	k cross, hold
1,2	Step R to R side, step L behind R
3,4	Step R to R side, Cross L over R
5,6	Rock R to R side, recover L
7,8	Cross R over L (slightly), hold (weight on RF)
Stomp, back k	ticks 2x, brush hitch, stomp fan out-in-out
1,2,3	Stomp L to L side, kick RF backward with heel flexed twice
4&5	Brush RF & hitch RF (4&), stomp up RF (5) (weight on L)
6,7,8	Fan R to R, fan R to center, fan R to R
*Restart: On t	he 5th wall after the first 8 counts (facing 6:00 o'clock)
2016	www.ftwaynedanceforall.com Choreography Entry
Contact: cand	eeseger@comcast.net
Last Site Upda	ate – 27th Feb. 2016





牆數:2