Only You Baby

拍數: 32

級數: Easy Intermediate

編舞者: Wanda Heldt (AUS) - January 2016 音樂: Only You - Anderson East

End of Wall 7 - Hold 2 cts. see note* Alt. music:-Only Senor Loco by Elena ft. Danny Mazo [Latin Pop] Wrapped Up by Oily Murs [Pop] / Lay Low by Blake Shelton [Country]

Split floor:- Crazy For You / Senor Loco / Wrapped Up / Lay Low Keeping My Improvers on the floor..

S1. PIVOT 1/2 TURN, SHUFFLE 1/2 TURN, ROCK, RECOVER, KICK BALL, TOUCH

- 1-2 Step forward on Right, Pivot 1/2 turn Left. [6:00]
- 3&4 Left 1/2 turn shuffle back R.L.R. [12:00]
- Rock back on Left, Recover on Right. 5-6
- 7&8 Kick Left forward, [To Right Diagonal] Step on left, Touch Right next to Left.

S2. LOCK STEP SHUFFLE FORWARD, CROSS, 1/4TURN LEFT, COASTER

- Step forward on Right, Step Left behind Right. 1-2
- 3&4 Shuffle forward R.L.R.
- 5-6 Step Left over Right, 1/4 turn Left as you Step back on Right. [9:00]
- 7&8 Step back on Left, Step Right next to Left. Step forward on Left.

S3. FORWARD, RECOVER, 3/4 TURN, SIDE ROCK, RECOVER, SAILOR

- 1-2 Rock forward on Right, Recover weight on Left.
- 3&4 3/4 turn Right Triple step R.L.R. [6:00]
- 5-6 Rock Left to Left side, Recover on Right.
- 7&8 Step Left behind Right, Step Right to Right side, Step Left next to Right.

S4. WALK FORWARD RIGHT, LEFT, R & L SIDE MAMBO

- 1-2 Walk forward Right, Left.
- 3&4 Step out to Right to Right side, Recover on Left, Step on Right

Option: 3&4 Touch Right toe forward, Bump hip to Right, Step on Right.

- 5-6 Walk Left, Right.
- 7&8 Step out Left to Left side, Recover on Right, Step on Left.
- Option: 7&8 Touch Left toe forward, Bump hip to Left, Step on Left.

*If using 'Only You by Anderson East... End of Wall 7 [facing 6:00] hold for 2 counts, Restart dance.....

Repeat... HAVE FUN IN LIFE & IN DANCE.

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Last Update - 18th Feb. 2016





牆數:2