Chariots of Fire Rumba



拍數: 32 牆數: 1 級數: Ultra Beginner Rumba

編舞者: Russell Breslauer (USA) - February 2016

音樂: Chariots of Fire - Joanna Henwood

或: Chariots of Fire - Vangelis



BOX

1-2 Step Left to left side, step Right beside left

3-4 Step Left forward, hold

5-6 Step Right to right side, step Left beside right

7-8 Step Right back, hold

(BALANCES) SIDE, ROCK BACK, RECOVER, HOLD, SIDE, ROCK BACK RECOVER, HOLD

1-2 Take wide step to left side with Left, Step Right back slightly behind left

3-4 Step Left in place (rock, replace), hold

5-6 Take wide step to right side with Right, Step Left back slightly behind right,

(*Note: Can be made 4-wall by 1/4 turn left on Left to 9:00 wall)

7-8 Step Right in place, hold

SCISSORS (STEP SIDE, RECOVER, CROSS, HOLD X2)

Step Left to left, Recover on Right, cross Left over right, hold
Step Right to right, Recover on Left, cross Right over left, hold

SIDE MAMBOS (SIDE RECOVER TOGETHER HOLD X2)

Step Left to left, Recover on Right, step left beside right, hold
Step Right to right, Recover on left, step right next to left, hold

REPEAT

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