

Happy Man (P)

COPPER KNOB
STEPPERS

拍數: 32

牆數: 0

級數: High Beginner - Pattern Partner / Circle



編舞者: Barb Monroe (USA) & Dave Monroe (USA) - January 2016

音樂: Die a Happy Man - Thomas Rhett

Music option: Break On You by Keith Urban

OR: Any slow to medium cha cha

Opposite footwork throughout with man's steps described

Start in closed dance with man facing OLOD and Lady facing ILOD□

Rock, Recover, Shuffle back. Rock, Recover, Shuffle forward

- 1-2 Rock L forward, recover R
- 3&4 Shuffle back L, R, L
- 5-6 Rock back R, recover L
- 7&8 Shuffle forward R, L, R

Cross rock, Recover, ¼ turn shuffle (optional lady's turn), walk, walk, shuffle

- 1-2 Cross rock L over R (lady crosses R behind L), Recover R
 - 3&4 Shuffle L, R, L while turning ¼ turn L (facing LOD)
- (Lady's turn option; turn ¾ L stepping R, L, R)
- 5-6 Walk forward R, L
 - 7&8 Shuffle R, L, R

½ turn shuffle, ½ turn shuffle, walk, walk, shuffle

- 1&2 Shuffle L, R, L while turning ½ turn R (facing BLOD)
- 3&4 Shuffle R, L, R while turning ½ turn R (facing FLOD)
- 5-6 Walk forward L, R
- 7&8 Shuffle L, R, L

Mambo forward, Mambo Back, Rock, Recover, ¼ turn shuffle (optional lady's turn)

- 1&2 Rock R forward, Step L back, Step R beside L
- (Option: Rock R forward, Recover L)
- 3&4 Rock L back, Step R forward, Step L beside R
- (Option: Rock R back, Recover L)
- 5-6 Rock R forward, Recover L
 - 7&8 Shuffle R, L, R while turning ¼ turn R (facing OLOD)
- (Lady's turn option; turn ¾ L stepping L, R, L)

Begin Again

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