Cha Chiki Cha

拍數: 32

級數: Improver

編舞者: Nung JP (INA) - January 2016

音樂: Chiquicha - El puma Dj & Rulo Miami Sound

No Tags!! No Restarts!!

#16 counts intro dance :

- 1&2 R forward shuffle on R-L-R
- 3&4 L forward shuffle on L-R-L
- 5&6 Rock R to side – recover on L – step R beside L
- 7 & 8 Rock L to side – recover on R – step L beside R
- 1&2 R back shuffle on R-L-R
- 3 & 4 L back shuffle on L-R-L
- 5&6 Rock R to side – recover on L – step R beside L
- 7 & 8 Rock L to side – recover on R – step L beside R

Main dance :

BACK ROCK, RECOVER, TOUCH - FORWARD ROCK, RECOVER, TOUCH

- 1&2& Rock R back - recover on L - touch R beside L - step on R
- 3&4& Rock L forward - recover on R - touch L beside R - step on L
- 5 8 repeat count 1 - 4

SIDE TOGETHER - SIDE CHASSE, TOUCH

- 1 2Step R to side - close L next to R
- 3&4& Step R to side - close L next to R - step R to side - touch L beside R
- 5 6 Step L to side - close R next to L
- 7&8& Step L to side - close R next to L - step L to side - touch R beside L

SYNCOPATED ROCK STEP - FORWARD ROCK, ¼ TURN LEFT

- 1&2& Cross rock R behind L – recover on L – rock R to side – recover on L
- 3&4 Cross rock R over L - recover on L - step R to side
- Cross rock L behind R recover on R rock L to side recover on R 5&6&
- 7 & 8 Rock L forward – recover on $R - \frac{1}{4}$ turn left stepping L to side (9.00)

MAMBO CROSS STEP - FORWARD MAMBO - ½ TURN LEFT, FWD SHUFFLE, TOUCH

- 1&2 Cross rock R over L – recover on L – step R to side
- 3&4 Cross rock L over R – recover on R – step L to side
- 5&6 Rock R forward – recover on L – step R beside L
- 7&8& 1/2 turn left, L forward shuffle on L-R-L – touch R beside L (3.00)

Repeat !!

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牆數: 4