Supposed



拍數: 32 編數: Intermediate NC

編舞者: Marie Sørensen (TUR) - February 2016

音樂: How Am I Supposed to Live Without You - Michael Bolton



Buy the music on www.itunes.com

Intro: 16 Counts

SIDE, NIGHTCLUB BASIC STEP, NIGHTCLUB BASIC STEP 1/4 TURN R, STEP ½ TURN STEP, ROCK, RECOVER, SIDE

1 Step right to the right side

2&3 Back rock left, recover, step left to the left side

4&5 Back rock right, recover, 1/4 turn right, step fwd. on right (03:00)

Step fwd. on left, ½ turn right (Weight on right), step fwd. on left (09:00)

Cross rock right over left, recover, step right to the right side (09:00)

CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER 1/4 TURN, FULL TURN, STEP FWD.

Cross rock left over right, recover, step left to the left side
 Cross rock right over left, recover, step right to the right side
 Cross rock left over right, recover, 1/4 turn left, step fwd. on left

8&1 ½ turn left, step back on right, ½ turn left step fwd. on left, step fwd. on right (06:00)

Restart the dance at this point during wall 2, 5 and wall 8

STEP 1/4 TURN, CROSS, ½ TURN LEFT, CROSS, SCISSOR STEP, ½ TURN LEFT, CROSS

2&3 Step fwd. on left, 1/4 turn right, cross left over right (09:00)

4&5 1/4 turn left, step back on right (06:00), 1/4 turn left, step left to the left side, cross right over

left (03:00)

Step left to the left side, step right next to left, cross left over right (03:00)

8&1 1/4 turn left, step back on right (12:00), 1/4 turn left, step left to the left side, cross right over

left (09:00)

DIAGONAL ROCK, RECOVER, STEP BACK, RUN, RUN, RUN, COASTER STEP, STEP, CROSS

2&3 Rock diagonal fwd. on left (07.30), recover, step back on left (07.30), 4&5 Run back right, left, right (adjust facing to the back wall) (06:00)

Step back on left, step right next to left, step fwd. on left

8& Step fwd. on right, cross left over right (06:00)

There are 3 Restarts:

During wall 2 - Restart the dance after 16 counts - Facing 12:00 During wall 5 - Restart the dance after 16 counts - Facing 06:00 During wall 8 - Restart the dance after 16 counts - Facing 12:00

TAG 1; After wall 3 - there is a 12 counts Tag - Facing the back wall

SIDE, NIGHTCLUB BASIC STEP, NIGHTCLUB BASIC STEP 1/4 TURN R, STEP ½ TURN STEP, ROCK, RECOVER, 1/4 TURN RIGHT

1 Step right to the right side

2&3 Back rock left, recover, step left to the left side

4&5 Back rock right, recover, 1/4 turn right, step fwd. on right

Step fwd. on left, ½ turn right (Weight on right), step fwd. on left

Cross rock right over left, recover, 1/4 turn right, step right to the right side (06:00)

SWAY LEFT, RIGHT, LEFT

2-3-4 Sway Left, right, left (08:00)

TAG 2: After wall 7 - 4 counts tag - Facing 06:00 Sway right, left, right, left

Copyright © 2016 Marie Sørensen (sunshinecowgirl1960@gmail.com)
No changes in the stepsheet allowed, without the choreographers permission.

E.mail Marie: sunshinecowgirl1960@gmail.com - Marie's website: www.sunshine-cowgirl-linedance.dk