Dancing on The Tables



編舞者: Martie Papendorf (SA) - February 2016

音樂: Dans op die Tafels - Kurt Darren



** With thanks to my friend and fellow instructor Letitia Hall Kotze for suggesting the music for a dance.

NO Tags Or Restarts

Start 32 counts from start of vocals on lyrics: "Klim van jou voete af kom maak 'n plan" S1 RIGHT, TOGETHER, CROSS SHUFFLE, SIDE, KICK, BEHIND, SIDE, CROSS

1,2 Step R to right side, Step L next to R,

Step R across L, Step L to left side, Step R across L,
Step L back to face right diagonal, Kick R to right diagonal,

Optional styling: When kicking to right diagonal [count 6] throw both arms in the air.

Note:

During the song Kurt sings "Sit jou hande in die lug" 4x.

Translated as "Put your hands in the air".

It happens on count 6 of sec. 1. during walls 2, 6, 10 and 11.

If preferred "Throwing hands in the air" can only be added during those walls.

7&8 Cross R behind L, Step L to left side to face up to 12.00, Step R across L [12.00]

S2 ROCK FWD, BACK 1/4 LEFT, FWD 1/4 LEFT, CLOSE 1/2 LEFT, FWD 1/2 LEFT, ROCK FWD, RECOVER, &,

STEP, SCUFF

1,2 Rock L fwd, Recover R back making a ¼ turn left,[9.00]

3&4 Step L fwd making a ¼ turn left [6.00], Step R next to L making a ½ turn left [12.00], Step L

fwd making a ½ turn left, [6.00]

*As as easier option replace counts 1,2,3&4 with the following:

*ROCK FWD, BACK, SHUFFLE 1/2 LEFT

*1,2□Rock L fwd, Recover R back,

*3&4 Step L to left side making a 1/4 turn left [9.00], Step R next to L, Step L fwd making a 1/4 turn left, [6.00]

5,6 Rock R fwd, Recover L back,

&7,8 Step R next to L, Step L fwd, Scuff R next to L [6.00]

S3: CROSS, SIDE, BEHIND, SIDE, CROSS, ROCK LEFT, RECOVER, CROSS SHUFFLE

1,2 Step R across L, Step L to left side,

3&4 Cross R behind L, Step L to left side, Step R across L,

5,6 Rock L to left side, Recover R to right side,

7&8 Step L across R, Step R to right side, Step L across R [6.00]

S4 BACK 1/4 LEFT, SWEEP, COASTER STEP, JAZZ BOX CROSS 1/2 RIGHT

1,2 Step R back making a ¼ turn left, Touch L heel fwd, [3.00]
3&4 Sweep and step L back, Step R next to L, Step L fwd
5,6 Step R across L, Step L back making a ¼ turn right, [6.00]

7,8 Step R to right side making a ¼ turn right, Step L across R [9.00]

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