Young Hearts



拍數: 64 牆數: 4 級數: Improver

編舞者: Sally Hung (TW) - February 2016

音樂: Young Turks - Rod Stewart



Sequence Of Dance: Tag After Finishing Wall 4, Facing 12:00

Intro: 48 Counts

Tag (8 counts) ditto as S7

S1. PUSH FWD, BACK, PUSH FWD, BACK, COASTER STEP, BRUSH

1,2,3,4 Step R fwd to R diagonal and push lower body to R diagonal fwd, back, push lower body to R

diagonal fwd, back(weight on L)

5,6,7,8 Step back on R, step L next to R, step fwd on R, brush L

S2. PUSH FWD, BACK, PUSH FWD, BACK, COASTER STEP, BRUSH

1,2,3,4 Step L fwd to L diagonal and push lower body to L diagonal fwd, back, push lower body to L

diagonal fwd, back(weight on L)

5,6,7,8 Step back on L, step R next to L, step fwd on L, brush R

S3.OUT, OUT, BACK, CLOSE, TWIST HEELS OUT, IN, OUT, IN

1,2,3,4 Step R fwd (out), step L to side (out) (shoulder width), step R back (in), step L together (in)

5,6,7,8 Step R to R twisting heels R, back to center, twist both heels R, back to center

S4. ROCKING CHAIR, STEP PIVOT ½ TURN L, STEP, STEP

1,2,3,4 Rock fwd on R, recover onto L, rock back on R, recover onto L 5,6,7,8 Step fwd on R, ½ pivot turn L, step fwd on R, step fwd on L

S5. R DIAGONAL STEP LOCK STEP, SCUFF, L DIAGONAL STEP LOCK STEP, SCUFF

1,2,3,4 Step R fwd to R diagonal, lock L behind R, step R fwd to R diagonal, scuff L Step L fwd to L diagonal, lock R behind L, step L fwd to L diagonal, scuff R

S6. BACK, TOUCH, BACK, TOUCH, 1/4 TURN R SIDE, TOUCH, SIDE TOUCH

1,2,3,4 Step back on R, touch L next to R, step back on L, touch R next to L

5,6,7,8 Make a ¼ turn R stepping R to R side, touch L beside R, step L to L side, touch R next to L

S7. POINT, TOUCH, SIDE, DRAG, POINT, TOUCH, SIDE, DRAG

1,2,3,4 Point R to R side, touch R next to L, big step to R side, drag L to meet R 5,6,7,8 Point L to L side, touch L next to R, big step to L side, drag R to meet L

S8. 1/4 MONTEREY TURN 2X

1,2,3,4 Touch R to side, step R by L while making ¼ turn R on ball of L, touch L to side, step L

together

5,6,7,8 Touch R to side, step R by L while making ¼ turn R on ball of L, touch L to side, step L

together

Happy Dancing!

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