Once Is Enough

拍數: 32

級數: Easy Beginner

編舞者: Roger Neff (USA) - February 2016

音樂: Once Is Enough - Elvis Presley

Intro: 16 Counts (No Tags or Restarts)

[1-8] Walk Fwd with Kick, Walk Back with Touch

- 1-2-3-4 Walk fwd R, L, R, Kick L (or touch L toe fwd)
- 5-6-7-8 Walk back L, R, L, Touch R beside L

[9-16] Side Touches, Vine to R with Touch

- 1-2-3-4 Step R to R, Touch L beside R, Step L to L, Touch R beside L
- 5-6-7-8 Step to R, Step L behind R, Step to R, Touch L beside R

[17-24] Vine to L with ¼ Turn to L, Slow ¼ Turn to L

- Step L to L, Step R behind L, turn 1/4 to L and step on L (9:00), Hold 1-2-3-4
- 5-6,7-8 Step fwd on R, Hold, Turn 1/4 to L (6:00) and step on L, Hold

[25-32] Touch R Toe Fwd, Touch L Toe Fwd, Rocking Chair

- 1-2-3-4 Touch R toe fwd, Step in place, Touch L toe fwd, Step in place
- 5-6-7-8 Rock fwd on R, Rec on L, Rock back on R, Rec on L

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