

Yesterday Once More (Adaptation)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Totoy Pinoy (USA) & Bobbey Willson (USA) - February 2016
音樂: Yesterday Once More - Daniel Shefferd



#16 Beat Intro, then 16 Beat "Dance through" w/ Hip Rolls, Begin with lyrics at Beat 33

S1: Modified Weave to right w/Touch, Modified Weave to left w/ Touch

1 2 3 4 Step R to right, Cross L over R, Step R to right, Touch L behind to diagonal
5 6 7 8 Step L to left, Cross R over L, Step L to left, Touch R behind to diagonal

S2: [9-16] Repeat above 1-8 as 9-16

S3: R Step-Fwd w/ Touches, L Step-Back w/ Touches

1 2 3 4 Step R fwd, Touch L fwd, Touch L back, Touch L fwd
5 6 7 8 Step L back, Touch R back, Touch R fwd, Touch R back

S4: [9-16] Repeat above 1-8 as 9-16

S5: Steps Fwd w/Touch to Side, Steps Back w/ Touch to Side

1 2 3 4 Step R fwd, Step L fwd, Step R fwd, Touch L to left
5 6 7 8 Step L back, Step R back, Step L back, Touch R to right

S6: [9-16] Repeat above S5:1-8 as 9-16

S7: Hip Rolls

1 2 Step R to right rolling hips to right, Touch L to left and face left
3 4 Step L to left rolling hips to left, Touch R to right and face right
5-8 Repeat above 1-4 as 5-8

S8: Kicks & Step-Turns 1/8 (Use 1/4 turn for 2 wall dance, total 1/2 in 1-8)

1 2 3 4 Kick R, Kick L, Touch R fwd, Turn 1/8 left and shift full weight to L (roll hips)
5-8 Repeat above 1-4 as 5-8

Tag - 8 Counts - Sway RLRL or Hip Rolls - finish with weight on L

Tag occurs after every second wall (i.e.: 2, 4..), before each odd numbered wall.

Option for Section 1 - Right Chasse Touch, Left Chasse Touch

1 2 3 4 Step R to right, Step L to R, Step R to right, Touch L back
5 6 7 8 Step L to left, Step R to L, Step L to left, Touch R back
9-16 Repeat above steps 1-8 as 9-16

Option for 2 wall - Use 1/4 turn in place of 1/8 turn on S 5: 4

This current dance is an adaptation including the dance posted in the name for choreographer as Totoy Pinoy (TP), and a popular version of TP's shared as the choreography of both TP and Sol Flores (SF).

This dance combines the best of both with a simpler finish to the routine to fit the phrasing of the song while still

maintaining the integrity of the dance. I hope you will enjoy this variation as well!
(It's also a little easier on the knees than the S.F. version)

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. willbeys@aol.com [<http://bobbeywillson.weebly.com>]

Last Update - 4th May 2016