

I Swear

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sally Hung (TW) - February 2016
音樂: I Swear (아이 스웨어) - SISTAR (씨스타)



Sequence Of Dance:

Tag After Finishing S4 Of Wall 3, Facing 3:00, Then Restart

Tag After Finishing S4 Of Wall 6, Facing 6:00, Then Restart

Intro: 36 Counts

Intro Dance(32 Counts):

1,2,3,4 Step R to R side, touch L across R, step L to L side, touch R across L
5,6,7,8 Step R to R side, step L behind R, step R to R side, touch L beside R

9,10,11,12 Step L to L side, touch R across L, step R to R side, touch L across R
13,14,15,16 Step L to L side, step R behind L, step L to L side, touch R beside L

17&18,19&20 Shuffle fwd on RLR, LRL
21&22,23&24 Kick R fwd, step on R, point L to L side, kick L fwd, step on L, point R to R side

25&26,27&28 Shuffle back on RLR, LRL
29&30,31&32 Cross R over L, step back on L, step R to R side, step L fwd

TAG (4 COUNTS) JAZZ BOX

1,2,3,4 Cross R over L, step back on L, step R to R side, step fwd on L

S1. KICK, STEP & POINT WITH HEEL FAN, BACK, BACK, COASTER STEP

1,2,3&4& Kick R fwd, step R in place pointing L fwd with fan L heel in, fan L heel out-in-out-in
5,6,7&8 Step back on R, step back on L, step back on R, step L next to R, step R fwd

S2. SYNCOPATE SIDE BEHIND SIDE X2, WEAVE R, TOUCH

1&2,3&4 Step R to R side, cross step L behind R, step R in place, step L to L side, cross step R behind L, step L in place
5,6,7,8 Step R to R side, cross step L behind R, step R to R side, touch L beside R

S3. TOGETHER, CROSS, SIDE, CROSS ROCK RECOVER, TRIPLE ½ TURN R, TRIPLE ¼ TURN R

&1,2,3,4 Step L beside R, cross step R over L, step L to L, cross rock R over L, recover on L
5&6,7&8 ¼ turn R stepping R to R, ¼ turn R stepping L next to R, step fwd on R, ¼ turn R stepping L fwd, step R next to L, step L fwd

S4. JAZZ BOX, PADDLE QUARTER TURN L X 4 (Full turn)

1,2,3,4 Cross R over L, step back on L, step R to R side, step fwd on L
5&6&7&8 Make ¼ turn L point R to R side, recover onto L, make ¼ turn L pointing R to R side, recover onto L, make ¼ turn L point R to R side, make ¼ turn L point R to R side, recover onto L

S5. DIAGONAL FWD SHUFFLE X2, BUMP R TWICE, BUMP L TWICE

1&2,3&4 Shuffle fwd to R diagonal stepping R-L-R, shuffle fwd to L diagonal stepping L-R-L
5,6,7,8 Step fwd bumping R hip twice, bump L hip twice (weight on L)

S6. BACK SHUFFLE X2, BACK TOGETHER HITCH, BACK TOGETHER HITCH

1&2,3&4 R shuffle back on RLR, L shuffle back on LRL
5&6,7&8 Step back on R, step L beside R, step R in place with hitch L, step back on L, step R beside L, step L in place with hitch R

S7. SIDE ROCK RECOVER, COASTER STEP, SIDE ROCK RECOVER, CROSS SHUFFLE

1,2,3&4 Rock R to R side, recover onto L, step back on R, step L next to R, step fwd on R

5,6,7&8 Rock L to L side, recover onto R, cross shuffle on LRL

S8. OUT OUT BACK CLOSE, CROSS SAMBA X2

1,2,3,4 Step R slightly fwd(out), step L to side (out)(shoulder width), step R back(in), step L together

5&6,7&8 Cross R Over L, Rock L to L Side, Recover onto R, cross L over R, rock R to R side, recover onto L

Happy Dancing!

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