Knee Deep (zh)

拍數: 32 **牆數:** 4 **級數:** Beginner

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音樂: Knee Deep (feat. Jimmy Buffett) - Zac Brown Band : (CD: You Get What You Give)

前奏： start after 32 count intro 32拍後起跳

第一段 **R Step Touch, L Step Kick, R Behind-Side-Cross, L Step Touch, R Step Kick, L Behind – ¼ R-L Fwd**

1&2& Step R side, touch L together, step L side, low kick R
右足右踏, 左足併點, 左足左踏, 右足略踢

3&4 Cross step R behind L, step L side, cross step R over L
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

5&6& Step L side, touch R together, step R side, low kick L
左足左踏, 右足併點, 右足右踏, 左足略踢

7&8 Cross step L behind R, turning ¼ right step R forward, step L forward (3 o'clock)
左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏(面向3點鐘)

第二段 **R Fwd Rock-Recover-1/2 R- L Scuff, ½ R Turning Shuffle, R Coaster Step, "Run" Fwd 3**

1&2& Rock R forward, recover weight on L, turning ½ right step R forward, scuff L forward
右足前下沉, 左足回復, 右轉180度右足前踏, 左足前擦踢

3&4 Turning ¼ right step L side, step R together, turning ¼ right step L back (3 o'clock)
右轉90度左足左踏, 右足併踏, 右轉90度左足後踏(面向3點鐘)

Non-turning option 1&2: R fwd mambo, 3&4: L shuffle back
簡易版: 1&2前曼波, 3&4後交換

5&6 Step R back, step L together, step R forward
右足後踏, 左足併踏, 右足前踏

7&8 Step L forward, step R forward, step L forward
左足前踏, 右足前踏, 左足前踏

RESTART: DURING wall 3 dance up to here. You will be facing left side wall and restart.
第三面牆跳至此, 面向9點鐘, 從頭起跳

第三段 **R Fwd Diagonal Step-Lock-Step, L Heel Fwd, L Toe Touch Back, L Fwd Diagonal Step-Lock-Step, R Jazz Box**

1&2 On right diagonal step R forward, lock L behind R, step R forward (面向右斜角)右足前踏, 左足於右足後鎖踏, 右足前踏

3-4 Touch L heel forward on L diagonal, touch L toes back
左足踵前點(面向左斜角), 左足趾後點

5&6 On left diagonal step L forward, lock R behind L, step L forward (面向左斜角)左足前踏, 右足於左足後鎖踏, 左足前踏

7&8 Cross R over L, step L back, turning 1/8th right step R side (body facing R diagonal) (4:30 o'clock)
右足於左足前交叉踏, 左足後踏, 右轉45度右足右踏(身體面向右斜角)(面向4:30)

第四段 **Full R Walk Around X 4 Steps With A L Shuffle To Complete Turn, R Kick Ball Change**

1-4 Turning a full right circle around walk L, R, L, R
四個走步右轉圈-左, 右, 左, 右

5&6 Step L forward, step R together, step L forward (3 o'clock)
左足前踏, 右足併踏, 左足前踏(面向3點鐘)

7&8 Kick R forward, step R together, step L together
右足前踢, 右足併踏, 左足併踏

TAG: At the END of wall 6 dance the following 4 count tag: fwd & back mambo, and restart
第六面牆結束加4拍, 前曼波, 後曼波, 從頭起跳

1&2 Rock R forward, recover weight on L, step R together
右足前下沉, 左足回復, 右足併踏

3&4 Rock L back, recover weight on R, step L together
左足後下沉, 右足回復, 左足併踏