She Makes Me Happy

級數: Intermediate ECS

編舞者: Astrid Kaeswurm (DE) - March 2016 音樂: 24-7-365 - Neal McCoy

Intro: 16 Counts - start with vocals

拍數: 64

[1 – 8] R Kick Fwd + Side, Sailor Step, L Kick Fwd + Side, Sailor ¼ Turn L

- R kick forward, R kick diagonal forward 1.2
- 3&4 R step behind L, L step side, weight change to R
- 5,6 L kick forward, L kick diagonal forward
- L step behind R, ¼ Turn L + weight change to L 7 & 8

[9 – 16] Shuffle R, Rock Step back, Shuffle L, ½ Turn R, Shuffle R

- 1&2 R step to side, L together R, R step side
- 3, 4 L step back, weight change to R
- 5&6& L step to side, R together L, L side, 1/2 Turn R on L
- 7 & 8 R step to side, L together R, R side

[17 – 24] Rocking Chair, Step ½ Turn, Shuffle L Fwd

- 1, 2, 3, 4 L step forward, weight change to R, L step back, weight change to R
- 5,6 L step forward, 1/2 Turn R, weight change to R
- 7 & 8 L step forward, R together L, L forward

[25 – 32] 2 x ¼ Step Turn, Jazz Box With Cross

- 1, 2, 3, 4 R forward, ¼ Turn L, R forward, ¼ Turn L
- 5, 6, 7, 8 R cross over L, L back, R side, L cross over R

[33 – 40] Shuffle R, Lock unwind ½ Turn, Kick Ball Step, Step ¼ Turn L

- 1&2 R step to side, L together R, R step side
- 3, 4 L cross behind R, 1/2 Turn L
- 5&6 R kick forward, R together L, L forward
- 7,8 R forward, 1/4 Turn L

[41 – 48] Cross Point Behind Point Touch Kick, Behind Side Cross

- R cross over L, L touch side 1, 2
- 3, 4 L cross behind R, R touch side
- 5,6 R touch to L, R kick diagonal forward
- R cross behind L, L step side, R cross over L 7 & 8

[49 – 56] Side Rock, Behind Side Cross, Side Together, Side Together

- 1, 2 L step side, weight change to R
- 3&4 L cross behind R, R step side, L cross over R
- 5, 6, 7, 8 R step side, L together R, R step side, L together R,

[57 – 64] R Step fwd, Heel Ups 3 x, Out out clap, in in clap

- R step forward 1
- & 2 & 3 & 4 3 times rise up both heels and heels down to floor. In this time dance ¼ Turn L
- & 5, 6 R small step R side, L small step L side, clap
- & 7, 8 R small step to center, L small step to center, clap

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牆數:4