New Romance (zh)

拍數: 72 **牆數:** 4 **級數:** Intermediate/Advanced

編舞者: Sebastiaan Holtland (NL) - 2010年11月

音樂: Second Chance - Mark Medlock : (CD: Club Tropicana)

前奏： Intro: 36 count on starting beats 36拍後起跳

第一段 Side Rock / Recover, Sailor Cross, Side Rock / Recover Sailor Cross

1-2 Rock Rf to the right side (1), recover on Lf (2) (12:00)
右足右下沉, 左足回復(面向12點鐘)

3&4 Step Rf behind Lf (3), and stepping Lf to the left side (&), and cross Rf over Lf weight onto Rf (4) (12:00)
右足於左足後踏, 左足左踏, 右足於左足前交叉踏重心在右足(面向12點鐘)

5-6 Rock Lf to the left side (5), recover on Rf (6)
左足左下沉, 右足回復

7&8 Step Lf behind Rf (3), and stepping Rf to the right side (&), and cross Lf over Rf weight onto Lf (4) (12:00)
左足於右足後踏, 右足右踏, 左足於右足前交叉踏重心在左足(面向12點鐘)

第二段 Rock Fwd / Recover, 1/2 Shuffle Turn R, 1/2 Scuff & Hitch R & Step,Out Out

1-2 Rock forward on Rf (1), recover on Lf (2) (12:00)
右足前下沉, 左足回復

3&4 Make a 1/2 turn R and stepping forward on Rf (3), step Lf behind Rf (&), stepping forward on Rf weight onto Rf (4) (6:00)
右轉180度右足前踏, 左足於右足後踏, 右足前踏重心在右足(面向6點鐘)

5&6 Scuff forward on Lf (5) make a 1/2 turn right and hitching L knee (&), and stepping back on Lf weight onto Lf (6) (12:00)
左足前擦踢, 右轉180度左膝抬, 左足後踏重心在左足(面向12點鐘)

7-8 Stepping Rf out to the right side (7), stepping Lf out to the left side weight onto both feet (8) (12:00)
右足右前踏, 左足左前踏重心在雙腳(面向12點鐘)

第三段 Heel & Heel & Heel & Heel &, 1/2 Sailor Cross, Full Sweep Turn

1&2& Touch R heel forward (1), Replace (&), touch L heel forward (2), Replace (&) (12:00)
右足踵前點, 右足併踏, 左足踵前踵, 左足併踏(面向12點鐘)

3&4& Touch R heel forward (3), Replace (&), touch L heel forward (4), Replace and take weight onto Lf (&)
右足踵前點, 右足併踏, 左足踵前點, 左足併踏

5&6 Step Rf behind Lf (5), make a 1/2 turn right and step Lf to the left side (&), and cross Rf over Lf weight onto both feet (6) (6:00)
右足於左足後踏, 右轉180度左足左踏, 右足於左足前交叉踏重心在雙腳(面向6點鐘)

7-8 Turning full left onto both feet, and sweep your Lf from front to back take weight onto Rf (6:00)
用雙腳左轉圈, 左足由前繞至後重心在右足(面向6點鐘)

第四段 Sailor Cross, Side Rock / Recover With 1/4 Turn L, Lock Step Fwd, Lock Step Fwd

1&2 Step Lf behind Rf (1), stepping Rf to the right side (&), and cr oss Lf over Rf weight onto Lf (2) (6:00)
左足於右足後踏, 右足右踏, 左足於右足前交叉踏重心在左足(面向6點鐘)

3-4 Rock Rf to the right side (3), recover on Lf and make a 1/4 turn left and take weight onto Lf (4) (3:00)
右足右下沉, 左足回復左轉90度重心在左足(面向3點鐘)

5&6 Stepping forward on Rf (5), lock Lf behind Rf (&), stepping forward on Rf weight onto Rf (6)
右足前踏, 左足於右足後鎖踏, 右足前踏重心在右足

7&8 Stepping forward on Lf (7), lock Rf behind Lf (&), stepping forward on Lf weight onto Lf (8) (3:00)
左足前踏, 右足於左足後鎖踏, 左足前踏重心在左足(面向3點鐘)

第五段 Jump Both Feet Apart, Hold, Turn 1/4 L & Jump Both Feet Apart, Clap, Turn 1/4 L & Jump Both Feet Apart, Clap, Turn 1/4 L & Jump Both Feet Apart, Clap

&1-2 Jump both feet apart (&1), HOLD (2) (3:00)
雙腳跳開, 候(面向3點鐘)

&3-4 Make a 1/4 turn left & jump both feet apart (&3), CLAP (4) (12:00)
左轉90度雙腳跳開, 拍手(面向12點鐘)

&5-6 Make a 1/4 turn left & jump both feet apart (&5), CLAP (6) (9:00)
左轉90度雙腳跳開, 拍手(面向9點鐘)

&7-8 Make a 1/4 turn left & jump both feet apart (&7), CLAP and take weight onto Lf (8) (6:00)
左轉90度雙腳跳開, 拍手重心在左足(面向6點鐘)

第六段 Jazz Box Cross, 1/2 Step Pivot, 1/4 Turn, Side Rock Recover

1-4 Cross Rf over Lf (1), stepping back on Lf (2), stepping Rf to the right side (3), and cross Lf over Rf weight onto Lf (4) (6:00)
右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏重心在左足(面向6點鐘)

5-6 Step forward on Rf (5), pivot 1/2 left and take weight onto Lf (6)
右足前踏, 左軸轉180度重心在左足

7-8 Make a 1/4 Turn left and rock Rf to the right side (7), recover on Lf (8) (9:00) 左轉90度右足右下沉, 左足回復

第七段 Rock Fwd / Recover, 1/2 Shuffle Turn R, 1/2 Triple Turn R, Back Rock / Recover

1-2 Rock forward on Rf (1), recover on Lf (2) (9:00)
右足前下沉, 左足回復

3&4 Make a 1/2 turn R and stepping forward on Rf (3), step Lf behind Rf (&), stepping forward on Rf weight onto Rf (4) (3:00)
右轉180度右足前踏, 左足於右足後踏, 右足前踏(面向3點鐘)

5&6 Make a 1/2 Turn right and step back on Lf (5), close Rf forward Lf (&), stepping back on Lf weight onto Lf (6) (9:00)
右轉180度左足後踏, 右足併踏, 左足後踏(面向9點鐘)

7-8 Rock Rf back (7), recover on Lf (8) (9:00)
右足後下沉, 左足回復(面向9點鐘)

第八段 Jazz Box Cross, 1/2 Step Pivot, 1/4 Turn, Side Rock Recover

1-4 Cross Rf over Lf (1), stepping back on Lf (2), stepping Rf to the right side (3), and cross Lf over Rf weight onto Lf (4) (9:00)
右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏重心在左足(面向9點鐘)

5-6 Step forward on Rf (5), pivot 1/2 left and take weight onto Lf (6) (3:00) 右足前踏, 左軸轉180度重心在左足(面向3點)

7-8 Make a 1/4 Turn left and rock Rf to the right side (7), recover on Lf (8) (12:00)
左轉90度右足右下沉, 左足回復(面向12點鐘)

第九段 Jazz Box Cross, 1/2 Step Pivot, 1/4 Turn, Side Rock Recover

1-4 Cross Rf over Lf (1), stepping back on Lf (2), stepping Rf to the right side (3), and cross Lf over Rf weight onto Lf (4) (12:00)
右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏重心在左足(面向12點鐘)

5-6 Step forward on Rf (5), pivot 1/2 left and take weight onto Lf (6) (6:00) 右足前踏, 左軸轉180度重心在左足(面向6點鐘)

7-8 Make a 1/4 Turn left and rock Rf to the right side (7), recover on Lf weight onto Lf (8) (3:00)
左轉90度右足右下沉, 左足回復(面向3點鐘)

TAG: DANCED AFTER WALL 2 **AND** WALL 4
加拍在第二面牆及第四面牆結束後

Wall 2 第二面牆結束時

1-2 Step Rf out to the right side (1), step Lf out to the left side (2)
右足右前踏, 左足左前踏

3-4 Step Rf back in place (3), step Lf back in place next to Rf weight onto Lf (4) 右足後踏, 左足併踏

Wall 4, Note: When You Dance Wall 4, Repeat The Steps 1 T/M 4
第四面牆結束, 跳下面舞步二次

1-2 Step Rf out to the right side (1), step Lf out to the left side (2)
右足右前踏, 左足左前踏

3-4 Step Rf back in place (3), step Lf back in place next to Rf weight onto Lf (4) 右足後踏, 左足後併踏