Guilai (Come Back)



拍數: 94 牆數: 4 級數: Phrased Improver

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音樂: Guilai (Come Back) by Man Jiang (Chinese)



Sequence: AB AA TA TA

A: 64 COUNTS

A [1-8]: 2 BODY ROLL, SIDE ROCK, RECOVER, CROSS CHACHA

1-4 Rf Side (Small) While Doing 2 Body Rolls

5-6 Rf Side Rock, Recover On 6 7&8 Rf Over Lf, Cross Chacha

A [9-16]: ROCK SIDE, ROCK FRONT, ROCK BACK, CROSS CHACHA

1-2 Lf Rock Side, Then Recover
3-4 Lf Rock Front, Then Recover
5-6 Lf Rock Back, Then Recover

7&8 Lf Over Rf, Cross Chacha, Weight On Left

A [17-24]: 4 BACK SWEEP

1-2 Rf Take Weight On Spot While Sweeping Lf To Back

3-4 Lf Take Weight On Spot While Sweeping Rf To Side And Touch

5-6 Rf Take Weight On Spot While Sweeping Lf To Back

7-8 Lf Take Weight On Spot While Sweeping Rf To Side And Touch

A [25-32]: 2 CROSS + SIDE TOUCH, 2 DIAGONAL SIDE CLOSE SIDE (OR BASIC JIVE SIDE)

1-2 Rf Cross Over Lf, Lf Side Touch3&4 Lf Cross Over Rf, Rf Side Touch

5&6 1/8 Lt Rf Diagonal Forward + Side Close Side (Toe To 10:30)

7&8 1/4 Rt To 1:30, Lf Diagonal Forward + Side Close Side (Toe To 1:30)

A [33-40]: 2 X SIT SIDE TOUCH, BEHIND SIDE CROSS CHACHA

1-2 Rf Side And Sit, On 2 Move Weight To Rf + Touch Lf, Facing 10:30

3-4 On 3 Back To Sit Position, On 4 Move Weight To Lf + Touch Rf, Facing 1:30

5-6 Rf Behind, Lf Side

7&8 Rf Cross Over Lf, Chacha

A [41-48]: REPEAT 33-40 OPPOSITELY

1-2 Lf Side And Sit, On 2 Move Weight To Lf + Touch Rf, Facing 1:30

3-4 On 3 Back To Sit Position, On 4 Move Weight To Rf + Touch Lf, Facing 10:30

5-6 Lf Behind, Rf Side

7&8 Lf Cross Over Rf, Chacha

A [49-56]: 1/4 LT WITH 4 BUMP, CHACHA FORWARD, 1/2 RT *

1-4 Rf Side & Sit And Bumping 4 Times With 1/4 Lt, Finish Weight On Lf

5&6 Rf Forward Chacha

7-8 On 7 Lf Forward ½ Rt, On 8 Press Weight On Rf

A [57-64]: LF FORWARD, ½ LT TOE HEEL, ½ LT TOU HEEL, ¼ LT TOUCH RF BESIDE LF

1-2 Lf Forward Toe Heel, Weight On Lf

3-4 Rf Forward Toe Touch, ½ Lt Heel Down, Weight On Rf 5-6 Lf Back Touch & ½ Lt, On 6 Heel Down, Weight On Lf

7-8 On 7 Rf Sweep To Beside Lf With 1/4 Lt, On 8 Weight Change Onto Lf **

B: 30

B [1-8]: SWAY RIGHT, SWAY LEFT, RF BEHIND, LF SIDE, RF CROSS OVER LF, HOLD

1-2 Sway Right3-4 Sway Left

5-7 Rf Behind, Lf Side, Rf Cross Over Lf

8 Hold

B [9-16]: SWAY LEFT, SWAY RIGHT, LF BEHIND, RF SIDE, LF CROSS OVER RF, HOLD

1-2 Sway Left3-4 Sway Right

5-7 On 5 Lf Behind, On 6 Rf Side, On 7 Lf Cross Over Rf,

8 Hold

B [17-24]: FORWARD AND BACK LOCKS

1 Rf Forward

2 Lf Lock Behind Rf

3 Rf Forward

4 Lf Lock Behind Rf

5 Lf Back

6 Rf Cross Loc Front Lf

7 Lf Back

8 Rf Cross Lock Front Lf

B [25-30]: SWAY RIGHT, SWAY LEFT, RF SWEEP 1/4 LT, CHANGE WEIGHT TO LF

1-2 Rf Side And Sway To Right

3-4 Sway To Left

5-6 On 5 Rf Sweep To Beside Lf With ¼ Lt, On 6 Change Weight To Lf

TAG: 2 COUNTS WALK ON SPOT

T 1: Rf On Spot Walk T 2: Lf On Spot Walk

*. THE LAST (5TH) ROTATION OF THE DANCE ONLY HAS 56 COUNTS:

1-48 Same As Those Set In The Dance

[49-56]: 1-2, SWAY RIGHT; 3-4, Sway Left; 5-6, Sway To Right

7, Make A Call Pose And Continue With Sway To Right

8. Hold And End Of The Dance

**. IN THE 1ST ROTATION OF DANCE A, THE ENDING 2 COUNTS (7-8 OF DANCE A 57-64) MOVES AS BELOW:

On 7, Rf Sweep To Beside Lf With 1/4 Lt

On 8 Weight Change Onto Lf, Facing 12 O'clock

All Other Rotation Of Dance A, The Ending 2 Counts (7-8 Of Dance A 57-64) Is:

On 7, Rf Sweep To Beside Lf With 1/2 Lt

On 8, Weight Change Onto Lf, Facing A New Wall

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