I'm A Fool



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Micaela Svensson Erlandsson (SWE) - February 2016

音樂: I'm A Fool - TT Grace



Intro: 32 counts.

Section 1: Right Grapevine. Swivel left. Swivel left.

1-4 Step right to right. Cross left behind right. Step right to right. Step left beside right.

With weight on balls of both feet swivel heels left. Swivel back to centre.
With weight on balls of both feet swivel heels left. Swivel back to centre.

Section 2: Left Grapevine. Swivel right. Swivel right.

Step left to left. Cross right behind left. Step left to left. Step right beside left.
With weight on balls of both feet swivel heels right. Swivel back to centre.
With weight on balls of both feet swivel heels right. Swivel back to centre.

Styling: (Section 1&2)

As you do the swivels move your hands in front of your body from side to side following the swivels.

Section 3: Side. Touch & Clap. Side. Touch & Clap. 1/4 Turn left. Touch & Clap. Side. Touch & Clap.

1-2 Step right to right. Touch left beside right & Clap.3-4 Step left to left. Touch right beside left & Clap.

5-6 Turn 1/4 left stepping right to right. Touch left beside right & Clap.

7-8 Step left to left. Touch & Clap.

Section 4: Slow Right Chasse. Touch. Slow Left Chasse. Touch.

Step right to right. Close left beside right. Step right to right. Touch left beside right.
 Step left to left. Close right beside left. Step left to left. Touch right beside left.

Styling: (Section 4)

When doing the slow Chasses to the right, make a circle clockwise, holding your hands in front of your body. At the touch just Keep the hands still at 1 o' clock.

When doing the slow Chasses to the left, make a circle from anti clockwise, holding your hands in front of your body.

At the touch just keep the hands still at 11 o'clock.