

拍數: 64 牆數: 2 級數: Improver 編舞者: Wendy Loh (MY) & Melvin Tan (MY) - February 2016 音樂: Life Is Like a Dream (人生如夢) - Eric Woo (巫啟賢)



INTRO / TAG (36 counts)

Section i1: Triple steps to R,L,R,L ~ Eye-Hand movement

1&2 Step RF to side, Ball step on LF, Step RF in place

(Styling: Place right hand in front of right eye and slowly move hand out to side)

3&4 Step LF to side, Ball step on RF, Step LF in place

(Styling: Place left hand in front of left eye and slowly move hand out to side)

5&6 Repeat Steps 1&27&8 Repeat Steps 3&4

Section i2: Same triple steps as Section 1 ~ A-go-go hand movement

1&2, 5&6 Styling: Swing R hand above head 3&4, 7&8 Styling: Swing L hand above head

Section i3: Diagonal Step Touches

Step RF diagonally forward, Touch LF beside RF (Clap hands at Count 2)
Step LF diagonally back, Touch RF beside LF (Clap hands at Count 4)
Step RF diagonally back, Touch LF beside RF (Clap hands at Count 6)
Step LF diagonally forward, Touch RF beside LF (Clap hands at Count 8)

Section i4: Hip Bounce in place

Bump R hip with feet in place and wave R arm in front of body

34 Styling: Wave L arm in front of body

5678 Styling: Raise both hands above shoulder & wave index finger gesturing "No No No")

Section i5: Jump and Hold a Pose

1234 Jump with both feet apart & Strike a Pose, Hold Count to 4

DANCE (64 counts)

Section 1: Rock Forward, Recover, Touch, Back, Rock Back, Recover, Touch, Fwd

1 2 Rock RF forward, Recover on LF3 4 Touch R Toe Beside LF, Step RF Back

5 6 Rock LF back, Recover on RF

7 8 Touch L Toe Beside RF, Step LF Forward (12:00)

Section 2: New York

1 2	Cross Rock RF over LF, Recover on LF
3 4	Touch R Toe Beside LF, Step RF To R
5 6	Cross Rock LF over RF, Recover on RF
7 8	Touch L Toe Beside RF, Step LF To L (12:00)

Section 3: Step R forward, 1/2 L Pivot, Touch, Forward, Full Turn, Touch, Forward

1 2 Step RF forward, Turn ½ L with weight on LF 3 4 Touch R Toe Beside LF, Step RF Forward

5 6 Turn ½ R & Step LF back, Turn ½ R & Step RF forward

7 8 Touch L Toe Beside RF, Step LF Forward (6:00)

Section 4: R double kick, R Coaster Step, L double Kick, Sailor Step with 1/4 L Turn

1 2 Kick RF across L knee & out to right

3&4	Step RF back, Step LF together, Step RF forward	
5 6	Kick LF across R knee & out to left	
7&8	Turn 1/4 L & Step LF back, Step RF together, Step LF to side (3:00)	
Section 5: Step RF forward, Hold, Pivot ½, Hold, Repeat Steps		
1 2	Step RF forward, Hold	
3 4	Turn ½ L with weight on LF, Hold (9:00)	
5 6	Repeat Steps 1,2	
7 8	Repeat Steps 3,4 (3:00)	
Section 6: R Forward, 1/4 L Recover, Touch, Cross, L Side Rock, Recover, Touch, Cross		
1 2	Rock RF forward, Turn ¼ L & Recover on LF (12:00)	
3 4	Touch R Toe Beside LF, Cross RF Over LF	
5 6	Rock LF to side, Recover on RF	
7 8	Touch L Toe Beside RF , Cross LF over RF	
Section 7: R Forward, ¼ L Recover, Touch, Cross, L Rocking Chair		
1 2	Rock RF forward, Turn ¼ L & Recover on LF (9:00)	
3 4	Touch R Toe Beside LF, Cross RF Over LF	
5 6	Rock LF forward, Recover on RF	
7 8	Rock LF back, Recover on RF	
Section 8: L Step, Touch, R Step, Touch, Jazz Box with 1/4 L Turn		
1 2	Step LF to side, Touch RF to right	
3 4	Step RF in place, Touch LF to left	
5 6	Cross LF over RF, Turn 1/4 L & Step RF back (6:00)	
7 8	Step LF to side, Touch R Toe beside LF	

TAG: At Wall 4 (6:00), do tag and then restart dance.