Shine



拍數: 48 牆數: 2 級數: Phrased Improver

編舞者: Chrystel DURAND (FR) - March 2016

音樂: Shine - Erin Kinsey



(Music available on http://www.erinkinsey.com/)

Intro: 8 counts

Sequence: AB - A Tag - AB - A Tag - AAA

PART A - 32 counts

[1-8] WALK WALK, MAMBO STEP, BACK BACK, COASTER STEP

1-2 Step right forward, step left forward

3&4 Rock right forward, recover to left, stept right slightly back

5-6 Step left back, step right back

7&8 Step left back, right next to left, step left forward

[9-16] TRIPLE STEP DIAGONALLY FWD (RIGHT AND LEFT), HITCH BACK 4x

1&2 Chassé RLR diagonally right forward
 3&4 Chassé LRL diagonally left forward
 &5 Right hitch, step right back

&5 Right hitch, step right back &6 Left hitch, step left back &7 Right hitch, step right back &8 Left hitch, step left back

[17-24] COASTER STEP, TRIPLE STEP FWD, STEP FWD, PIVOT 1/2 TURN, STEP FWD, TRIPLE STEP FWD

1&2 Step right back, left next to right, step right forward

3&4 Chassé LRL forward

Step right forward, 1/2 turn on left (weight on left), step right forward

7&8 Chassé LRL forward

[25-32] SIDE ROCK TOGETHER RIGHT AND LEFT, 4 WALKED STEPS BY MAKING 1/2 TURN

Rock step right on right side, recover to left, right next to left Rock t step left on left side, recover to right, left next to right

5-8 Turning 1/2 turn right around walk right-left-right-left

TAG here on walls 2 and 4

PART B - 16 counts

[1-8] STEP, TOGETHER, STEP, TOUCH (TO THE RIGHT AND TO THE LEFT), STEP DIAGONALLY FWD AND BACK WITH SHIMMY TWICE

Step right on right, left next to right, step right on right, touch left next to right

Step left on left, right next to left, Step left on left, touch right next to left

5& Step right diagonally right forward, touch left next to right,

With An Alternative Movement Of The Shoulders Of Front Behind

6& Step left diagonally left back, touch right next to left,

With An Alternative Movement Of The Shoulders Of Front Behind

7&8& Repeat 5&6&

[9-16] CROSS ROCK SIDE, CROSS ROCK SIDE, CROSS ROCK SIDE, CLAP, STOMP STOMP UP, CLAP CLAP

1&2	Rock step right cross over left, recover to left, step right on right side
3&4	Rock step left cross over right, recover to right, step left on left side

Rock step right cross over left, recover to left, step right on right side

&7&8& Clap, Stomp left, stomp right (keep weight on left), Clap, Clap

TAG: at the end of wall 2 (at 12.00) and wall 4 (at 6.00) add the following steps:

1-4 Turning 1/2 turn right around walk right-left-right-left

Considering the last 4 steps of the dance, you will have made a complete tour by walking 8 steps

Chrystel DURAND: -

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