Every Time I Roll The Dice

牆數: 4

級數: Easy Intermediate

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音樂: Everytime I Roll the Dice - Delbert McClinton : (CD: Never Been Rocked Enough)

Intro: 48 cts.

拍數: 32

[1-8] WALK, WALK, V STEP, BACK, BACK, SCISSOR CROSS

- 1 2 Step R forward; Step L forward
- 3 4 Step R to right diagonal rolling R knee & hip right; Step L to left diagonal, rolling L knee & hip left
- 5 6 Step R back; Step L back
- 7 & 8 Step R back to back right diagonal; Step L next to R; Step R over L

[9 – 16] TURN ¼ LEFT, TURN ¼ LEFT, SAILOR STEP, JAZZ BOX w/ CROSS

- 1 2 Turn ¼ stepping L forward; Turn ¼ left stepping R side right (facing 6 o'clock wall)
- 3 & 4 Step L behind R; Step R slightly R; Step L slightly left
- 5 8 Step R in front of L; Step L back; Step R side right; Step L in front of R (cross over)

Tags: After the above Jazz Box, add an extra Jazz Box while on: (No Restart, Just A Tag)

*3rd rotation facing 12:00

**6th rotation facing 3:00□

***9th rotation facing 6:00

[17 – 24] STEP TOUCH, STEP TOUCH, FULL TURN R w/ Hold

1 - 2 Step R side right; Touch and extend L toe left (bending R leg)

Styling: \Box Arm Movement: In 2 counts, bring R arm up, starting a circular cw (head high)and arc down to center of body \Box at waist level (imagine throwing the "dice"). As you finish throwing "dice" to left, look to left. 3 - 4 Step L near R; Touch and extend R toe to right (bending L leg)

Styling:□Arm Movement: Throw both hands, palms down, to the right (3), then left (4) (keep looking left) (prep for full □turn right)

- 5 6 Turn ¼ right stepping R forward; Turn ½ right stepping back on L
- 7 8 Turn ¼ right stepping R side right; Hold (facing 6 o'clock wall)

[25 – 32] BALL-ROCK ¼ LEFT, KICK BALL FORWARD, ½ TURN LEFT, SYNCOPATED HEELS

- &1 2 Step ball of L next to R (&); Rock R slightly side right (1); Turn ¼ left stepping forward onto L (2)
- 3 & 4 Kick R forward; Step ball of R next to L; Step L forward
- 5 6 Step R forward; Turn 1/2 L shifting weight onto L
- 7&-8& Touch R heel forward (7); Step R next to L (&); Touch L heel forward (8); Step L next to R (&)

Styling: Many options here so play with the syncopation. Use toe touch and heel touch; two toe touches; etc!

BEGIN AGAIN & HAVE FUN!!!

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Step Sheet Access:
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