Until The Stars Run Out (zh)

拍數: 0 **牆數:** 2 **級數:** Intermediate

編舞者: Dee Musk (UK) - 2011年01月

音樂: Until the Stars Run Out - Joe McElderry : (Album: Wide Awake - 3:18)

前奏： 32 count intro from the heavy beat. Approx 17 seconds. 32拍(約17秒)重音起跳

第一段 Step Point, Coaster Cross, Rock ¼ Turn R, Shuffle.

1,2 Step Forward On L, Point R Toe Forward. 左足前踏, 右足趾前點

3&4 Step Back On R, Close L Beside R, Cross Step R Over L.
右足後踏, 左足併踏, 右足於左足前交叉踏

5,6 Rock L To L Side, Recover Weight To R Making A ¼ Turn R (Weight Forward On R) 左足左下沉, 右足回復右轉90度(重心在右足)

7&8 Step Forward On L, Close R Beside L, Step Forward On L. **(3 O'Clock)**.
左足前踏, 右足併踏, 左足前踏(面向3點鐘)

第二段 Step ¼ Turn L, Cross Shuffle, Hinge ½ Turn R, Cross & Heel.

1,2 Step Forward On R, Make A ¼ Turn L. 右足前踏, 左轉90度

3&4 Cross Step R Over L, Step L To L Side, Cross Step R Over L
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

5,6 Make A ¼ Turn R Stepping Back On L, Make A ¼ Turn R Stepping R To R Side.
右轉90度左足後踏, 右轉90度右足右踏

7&8 Cross Step L Over R, Step R To R Side, Touch L Heel To L Diagonal. **(6 O'Clock)**.
左足於右足前交叉踏, 右足右踏, 左足踵左斜角前點(面向6點鐘)

第三段 & Cross Side, Sailor Step, Cross Touch, Point And Point Touch.

&1,2 Step L Beside R, Cross Step R Over L, Step L To L Side.
左足併踏, 右足於左足前交叉踏, 左足左踏

3&4 Cross Step R Behind L, Step L In Place, Step R To R Side.
右足於左足後交叉踏, 左足踏, 右足右踏

5,6 Cross Touch L Just In Front Of R, Point L To L Side.
左足於右足前交叉點, 左足左點

&7,8 Close L Beside R, Point R To R Side, Touch R Beside L. **(6 O'Clock)**.
左足併踏, 右足右點, 右足併點(面向6點鐘)

第四段 Chasse R, Back Rock, Shuffle ¼ Turn L, Step ½ Turn L.

1&2 Step R To R Side, Close L Beside R, Step R To R Side.
右足右踏, 左足併踏, 右足右踏

3,4 Rock Back On L, Recover Weight To R. 左足後下沉, 右足回復

5&6 Step L To L Side, Close R Beside L, Make A ¼ Turn L Stepping Forward On L. 左足左踏, 右足併踏, 左轉90度左足前踏

7,8 Step Forward On R, Make A ½ Turn L (Weight Forward On L). **(9 O'Clock)** 右足前踏, 左轉180度(重心在左足)(面向9點鐘)

第五段 Cross Rock Recover X 2, Step , Touch ¾ Paddle Turn R.

1&2 Cross Step R Over L, Rock L To L Side, Recover Weight To R.
右足於左足前交叉踏, 左足左下沉, 右足回復

3&4 Cross Step L Over R, Rock R To R Side, Recover Weight To L.
左足於右足前交叉踏, 右足右下沉, 左足回復

5 Step Forward On R. 右足前踏

6-8 Turning On The Ball Of R, Paddle A ¼ Turn R Touching L Toe To L Side, Repeat Twice More To Complete The ¾ Turn R. **(6 O'Clock).**
右轉90度左足左點划槳步, 總共做三次(面向6點鐘)

第六段 Cross Rock Recover X 2, Forward Mambo, Touch ½ Turn R.

1&2 Cross Step L Over R, Rock R To R Side, Recover Weight To L.
左足於右足前交叉踏, 右足右下沉, 左足回復

3&4 Cross Step R Over L, Rock L To L Side, Recover Weight To R.
右足於左足前交叉踏, 左足左下沉, 右足回復

5&6 Rock Forward On L, Recover Weight To R, Step Back On L.
左足前下沉, 右足回復, 左足後踏

7,8 Touch R Toe Back, Make A ½ Turn R (Weight Forward On R). **(12 O'Clock).**
右足趾後點, 右轉180度(重心在右足)(面向12點鐘)

第七段 Cross Side, Sailor Step, Hold Ball Side, Touch Ball Cross.

1,2 Cross Step L Over R, Step R To R Side.
左足於右足前交叉踏, 右足右踏

3&4 Cross Step L Behind R, Step R In Place, Step L To L Side.
左足於右足後交叉踏, 右足踏, 左足左踏

5&6 Hold Count 5, Close R Beside L, Step L To L Side
候, 右足併踏, 左足左踏

7&8 Touch R Beside L, Step R To R Side, Cross Step L Over R. **(12 O'Clock).**
右足併點, 右足右踏, 左足於右足前交叉踏(面向12點鐘)

第八段 Side Rock, Sailor ½ Turn R, Forward Mambo, Coaster Step.

1,2 Rock R To R Side, Recover Weight To L.
右足右下沉, 左足回復

3&4 Making A ½ Turn R Cross Step R Behind L, Step L In Place, Step R To R Side. 右轉180度右足於左足後交叉踏, 左足踏, 右足右踏

5&6 Rock Forward On L, Recover Weight To R, Step Back On L.
左足前下沉, 右足回復, 左足後踏

7&8 Step Back On R, Close L Beside R, Step Forward On R.**(6 O'Clock).**
右足後踏, 左足併踏, 右足前踏(面向6點鐘)