I Feel Good

拍數: 24

牆數: 4

編舞者: Dakota Outhwaite (USA) - April 2016

音樂: I Feel Good - Thomas Rhett



Starts 16 counts in.

Full spinning turn left, push and cross right, push and cross left, quarter right triple

- 1-2 Spin full turn on left foot
- 3&4 Right foot push to right, step left foot down, cross right foot over left foot
- 5&6 Left foot push to left, step right foot down, cross left foot over right foot
- 7 & 8 Quarter turn to the right stepping on right, left foot together, right foot forward

Rock Recover, Full turn, coaster step, stomp right and left heel dig

- Rock left forward, recover back on right 1-2
- *Restart happens here on wall 5
- 3-4 Full turn to the left stepping back on the left half turn and stepping back on the right half turn

級數:

- 5&6 Left foot coaster, step back left, step together with right, step forward on left
- 7 & 8 Stomp the right foot, step on right, left foot heel dig

And Stomp, behind side cross, side rock recover, cross and cross, half turn, step

- Step on left, stomp right slightly forward & 1
- 2&3 Left foot behind, right foot to side, left foot in front
- 4-5 Side rock right, recover on left
- 6&7 Cross right over left, step left, cross right over left
- Half turn to left stepping on left 8

Restart happens on wall 5 after the rock recover in section 2

Contact: Athren696@gmail.com