

Humble And Kind

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Gail Smith (USA) - February 2016
音樂: Humble and Kind - Tim McGraw



INTRO: 48 Counts - Begin on vocals - (NO Tags or Restarts)
You start & end facing the wall. The rest of the dance is to the corners.

S1: FWD, SWEEP, FWD, SWEEP

1-2-3 Step L fwd, sweep R fwd
4-5-6 Step R fwd, sweep L fwd

S2: 1/2 of FALL AWAY DIAMOND (to the Left)

1-2-3 Step L across R, step R back diagonal, step L back -□□□□ 10:30
4-5-6 Step R behind L, step L to side, step R fwd to diagonal -□□□ 7:30

S3: FWD, SWEEP, FWD, SWEEP

1-2-3 Step L fwd, sweep R fwd -□□□□□□□ 7:30
4-5-6 Step R fwd, sweep L fwd

S4: 1/2 of FALL AWAY DIAMOND (to the Left)

1-2-3 Step L across R, step R back diagonal, step L back -□□□□ 4:30
4-5-6 Step R behind L, step L to side, step R fwd to diagonal -□□□ 1:30

S5: MODIFIED 1/2 MONTEREY TURN

1-2-3 Step L fwd, point R toes to side, HOLD
4-5-6 Turn 1/2 R and step R together, point L toes to side, HOLD -□□ 7:30

S6: REPEAT - MONTEREY TURN

1-2-3 Step L fwd, point R toes to side, HOLD
4-5-6 Turn 1/2 R and step R together, point L toes to side, HOLD -□□ 1:30

S7: FWD, LIFT, BACK, DRAG

1-2-3 Step L fwd, slowly lift R extending leg and point toes (low lift)
4-5-6 Large step back with R, slowly drag L back and next to R foot, HOLD

S8: TURNING 1/8, 1/2, BACK, BACK, DRAG

1 Turn 1/8 and step L fwd - squaring up to the wall -□□□□ 12:00
2-3 Turn 1/2 and step R back, step L back -□□□□□ 6:00
4-5-6 Step R back, drag L toes up next to R foot, HOLD

START AGAIN

CONTACT INFO: stepbystep.gail@gmail.com - **WEBSITE:** □ StepByStepWithGail.jimdo.com