

# Carry You Home

**COPPER** KNOB  
STEPSHEETS

拍數: 96      牆數: 2      級數: Intermediate waltz  
編舞者: Fred Whitehouse (IRE) - April 2016  
音樂: Carry You Home (feat. Chaley Rose) - Nashville Cast : (Album: The Music Of Nashville)



**Intro – 24 Counts or 14 seconds from start of track**

**[1-6] Walk forward x2**

1,2,3      Walk forward R, hold  
4,5,6      Walk forward L, hold

**[7-12] Chase turn L, step back, sweep over 2 counts**

1,2,3      Step R forward, pivot ½ turn Left stepping forward L, ½ turn L stepping R back (12.00)  
4,5,6      Step L back, sweep R from front to back over 2 counts

**[13-18] Weave L, step L as you sway L**

1,2,3      Step R behind L, step L to L, cross R over L,  
4,5,6      step L to L, sway body to L over 2 counts

**[19-24] Sway body to R & prep, rolling turn R over the L shoulder**

1,2,3      Sway body to R over 3 counts placing weight on R (angle body to diagonal to prep)  
4,5,6      Cross L over R, ¼ turn L stepping R back, ½ turn L stepping L forward

**[25-30] ¼ turn L, ¼ turn, touch L next to R and curtsy**

1,2,3      ¼ turn L stepping R to R side (arms option: throw both hands forward and up) hold  
4,5,6      Pivot ¼ turn R touching L beside R, soften knees into a curtsy (weight stays on R) facing  
3.00

**[31-36] Travelling basic L making full turn & ¼ over L shoulder**

1,2,3      ¼ turn L stepping L forward, ¼ turn L stepping R to R side, ¼ turn L stepping L back (6.00)  
4,5,6      Step R back, ¼ turn L stepping L to L side, ¼ turn L stepping R forward (12.00)

**[37-42] Step point, hold, back point, hold**

1,2,3      Step L forward, point R to R side, hold  
4,5,6      Step R back, point L to L side, hold

**[43-48] Step L forward, ¼ turn L sweeping R, ½ turn weave**

1,2,3      Step L forward, ¼ turn L sweeping R from back to Front over 2 counts (weight stays on L)  
4,5,6      Cross R over L, ¼ turn R stepping L back, ¼ turn R stepping R side

**[49-54] Cross lounge, hold, 1/8 turn R with a look (or full turn sweep squaring up to 6.00)**

1,2,3      1/8 turn R crossing L over R, hold for 2 counts (arms option: throw R arm from back to front over 2 counts)  
4,5,6      Pivot 1/8 turn R keeping weight on L as you look to opposite diagonal (7.30) hold for 2 counts  
(On this movement you can use right foot to pivot your body this 1/8 turn as you keep all weight on L, very small movement)

Also another option if you want to make it more advanced make full turn R keeping weight on L sweeping R from front to back squaring up to 6.00

**[55-60] Back twinkle on R, back twinkle on L**

1,2,3      Step R back, rock L to L side, recover weight on to R  
4,5,6      Step L back, rock R to R side, recover weight on to L (you should use 6.00 wall to keep you square for these 6 counts)

**\* Restart here on wall 3 \***

**[61-66] Touch behind, hold, Full turn unwind R keep weight on L**

- 1,2,3      Touch R behind L, throw R hand from bottom, pushing it outward and up to the top over 2 counts (option with no arm is to hold for 2 counts)
- 4,5,6      Take R hand placing it on to L shoulder, unwind full turn R keeping weight on L over 2 counts (6.00)

**[67-72] Forward twinkle on R, step sweep**

- 1,2,3      Step R over L, Rock L to L side, step R forward
- 4,5,6      Step L over R, sweep R from back to front over 2 counts

**[73-78] Forward twinkle on R, step sweep**

- 1,2,3      Step R over L, Rock L to L side, step R forward
- 4,5,6      Step L over R, sweep R from back to front over 2 counts (facing diagonal 4.30)

**[79-84] Check step on R, check step on L**

- 1,2,3      Rock R forward diagonal, recover on to L, close R next to L
- 4,5,6      Rock L forward diagonal, recover on to R, close L next to R

**[85-90] ½ turn basic diamond fall away**

- 1,2,3      Step R forward diagonal, step L to L side 1/8 turn R, step R behind L diagonal 1/8 turn R (7.30)
- 4,5,6      Step L back, step R to R side 1/8 turn R, cross L over R 1/8 turn R (10.30)

**[91-96] ½ turn basic diamond fall away**

- 1,2,3      Step R forward diagonal, step L to L side 1/8 turn R, step R behind L diagonal 1/8 turn R (1.30)
- 4,5,6      Step L back, step R to R side 1/8 turn R (3.00) make ¼ turn R stepping L forward (6.00)

**Contact: [f\\_whitehouse@hotmail.com](mailto:f_whitehouse@hotmail.com)**

**Last Update - 9th July 2016**

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