No Rights No Wrongs

COPPER KNO

拍數: 32

牆數:4

級數: Beginner

編舞者: Lawrence Allen (USA) - April 2016

音樂: No Rights No Wrongs - Jess Glynne : (CD: I Cry When I Laugh)

Intro: There Is A 10 Count Intro. Start on Lyrics	
Side Rock, Recover, R Cross Shuffle, 3/4 R Turn, L Shuffle Forward	
1-2	Rock R To R Side, Recover Weight To L
3&4	Step R Over L, Step L To L Side, Step R Over L
5-6	Make 1/4 R Turn Stepping L Back (3:00), Make 1/2 R Turn Stepping R Forward (9:00)
7&8	Step L Forward, Step R Beside L, Step L Forward
Forward Rock,	Recover, R Coaster, 1/2 R Pivot Turn, L Shuffle Forward
1-2	Rock R Forward, Recover Back On L
2&4	Step R Back, Step L Next To R, Step R Forward
5-6	Step L Forward, Make 1/2 R Pivot Turn Transferring Weight Forward On R (3:00)
7&8	Step L Forward, Step R Next To L, Step L Forward
Step, Hold, Ste	p, Hold, Forward Rock, Recover, 1/4 R Turn, Cross
1-2	Step R Forward Taking Weight, Hold
3-4	Step L Forward Taking Weight, Hold
5-6	Rock R Forward, Recover Back On L
7-8	Make 1/4 R Turn Stepping R To R Side, Cross L Over R
Side Note: During Counts 2 & 4 (Holds) Forward Body Rolls Or Hip Sways Can Be Added For Style	
Hip Sways R, L	., R, Hips Sways L, R, L, R 1/4 Jazz Box, Cross
1&2	Sway Hips To R, Sway Hips To L, Sway Hips To R
3&4	Sway Hips To L, Sway Hip To R, Sway Hips To L
5-6	Step R Over L, Step L Back
7-8	Make 1/4 R Turn Stepping R To R Side (9:00), Step L Over R
Repeat and Enjoy!!!	

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