

Magdalena

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Amy Yang (TW) - May 2016
音樂: Magdalena - Demis Roussos



Intro : 16 counts

Sequence of dance : A A A(24) B B / A A A(16) A A(24) B B / A A(16) / B B B(16)

PART A - 32 counts

Sec. A1: SIDE, RECOVER, CROSS SHUFFLE, 1/2 TURN R, CROSS SHUFFLE

1-2,3&4 Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF

5-6,7&8 1/4 turn R stepping backward on LF, 1/4 turn R stepping RF to R, RF, Cross LF over RF,
Step RF to R, Cross LF over RF (06:00)

Sec. A2: VAUDEVILLE STEPS(R&L)

1-2&3 Step RF to R, Step LF back, Step RF to R, Touch LF heel forward diagonal L

&4 Step LF back, Cross RF over LF

5-6&7 Step LF to L, Step RF back, Step LF to L, Touch heel forward diagonal R

&8 Step RF back, Cross LF over RF

Sec. A3: HEEL, HOLD, BESIDE(R&L), HEEL SWITCHES STEPS

1-2& Touch RF forward, Hold, Step RF beside LF

3-4& Touch LF forward, Hold, Step LF beside RF

5&6& Touch RF forward, Step RF beside LF, Touch LF forward, Step LF beside RF

7 – 8 Touch RF forward, Hold and clap

Sec. A4: CROSS, POINT(R&L), JAZZ BOX 1/4 TURN R

1 – 4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R

5 – 8 Cross RF over LF, 1/4 turn R step back on LF, Step RF to R, Step LF forward(09:00)

PART B - 32 counts

Sec. B1: SIDE, BESIDE, SIDE, TOUCH(R&L)

1 – 4 Step RF to R, Step LF beside RF, Step RF to R, Touch LF beside RF

5 – 8 Step LF to L, Step RF beside LF, Step LF to L, Touch RF beside L F

Sec. B2: 1/4 TURN L, SIDE, BESIDE, SIDE, TOUCH, SIDE(R&L)

1 – 4 1/4 turn L step RF to R, Step LF beside RF, Step RF to R, Touch LF beside RF(03:00)

5 – 8 Step LF to L, Step RF beside LF, Step LF to L, Touch RF beside L F

Sec. B3: CROSS, RECOVER, SIDE CHASSE(R&L)

1 – 4 Cross RF over LF, Recover onto LF, Step RF to R, Step LF beside RF, Step RF to R

5 – 8 Cross LF over RF, Recover onto RF, Step LF to L, Step RF beside LF, Step LF to L

Sec. B4: FORWARD, TOUCH, BACKWARD, TOUCH(L&R), FORWARD, TOUCH

1 – 4 Step RF forward R diagonal, Touch LF beside RF and clap, Step LF backward L diagonal,
Touch RF beside LF and clap

5 – 8 Step RF backward R diagonal, Touch LF beside RF and clap, Step LF forward L diagonal,
Touch RF beside LF and clap

Start again

Ending : During wall 17, after 16counts, Then Cross RF over LF, 3/4 turn L (facing 12:00)

Have Fun & Happy Dancing!

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