NY To CA

拍數: 32

級數: Intermediate / Advanced NC rhythm

編舞者: Michael Barr (USA) - April 2016

音樂: New York to California - Mat Kearney : (CD: City of Black & White)



COPPERKNO

* Dedicated to Amy Oyang and her New York to California story *

牆數:4

Lead: 32 counts / BPM: 74

- [1 8] Basic Night Club w/ Full Turn, 1/4 Coaster, Walk
- 1 2& Step R side right; Rock L behind R; Return weight onto R slightly crossing in front of L 12
- 3 4& Turn ¼ left stepping L forward; Step Right forward; Turn ½ left taking weight onto LD3
- 5 6& Turn ¼ left stepping R side right; Make a ¼ turn left stepping L slightly back of R; Step R next to L 9

Styling: As you step on count 5 start a sweep of the L into a ¼ turn left stepping L back of R (count 6) 7 - 8 Step L forward; Step R forward 9

[9 – 16] Full Spiral Turn R, Chase 1/2 Turn R, Walk, Walk, Cross-Rock-Side, Cross-Rock

- 1 2& (1) Step onto ball of L turning full turn right; (2) Step slightly forward onto R; (&) Step L forward □9
- 3, 4, 5 Turn ¹/₂ right shifting weight to R; Step L forward; Step R forward 3
- 6 & 7 Rock L in front of R; Return onto R in place; Step L side left 3
- 8& Rock R in front of L; Return onto L in place 3
- *Restart Wall 3 is a short wall of 16 cts. Restart dance here facing 9 o'clock.

[17 – 24] Side, Cross, 3/4 Turn L, Triple Step Forward, Full Turn Walk Around w/ Lock Step

- 1 2 Step R side right (open hips to right); Step L in front of R (prep L turn)□3
- 3 Step onto ball of R side right and turn $\frac{3}{4}$ of a turn left $\Box 6$
- 4 & 5 Run, run, run: Step L forward; Step R next to L; Step L forward forward 6
- 6 Step R forward in front of L □6
- 7 Turn $\frac{1}{2}$ left shifting weight to your L \Box 12
- 8 Turn ¼ left stepping your R side right facing the 9 o'clock wall □9
- & Turn $\frac{1}{4}$ left as you step your L back and in front of your R facing the 6 o'clock wall (lock step) \Box 6

*Tag/restart□Wall 7 is 24 cts. Finish the lock step and then do 2 Sways – R, L; You will restart facing 12 o'clock.□

[25 – 32] Back, Back, 1/2 Turn, Forward-1/2 Turn-Sway L,R,L, Rock-Return 1/4 Left

- 1-2-3 Step R back; Step L back (prep for a right turn); Turn $\frac{1}{2}$ right stepping R forward \Box 12
- 4 & 5 Small Step forward on L; Turn ½ right onto your R; Step L side left swaying hips left 6
- 6 7 Sway hips right; Sway hips to your L, allowing all the weight to stay left 6
- 8& Rock R back; Return into a ¼ turn left onto your L in place 3

*Tags: x 2 Sway R; Sway L (2 cts.) – End of wall 2 facing 6 o'clock; End of wall 5 facing 3 o'clock

*Restart□Wall 3; Dance 16 cts., and restart the dance. This will happen as you finish your two cross rocks steps□

*Tag/Restart□Wall 7: Dance 24 cts up to the lock step: Sway R; Sway L (2 cts.). Restart on the 12 o'clock wall□

*Tag: x 1□Sway R; Sway L; Sway R; Sway L (4 cts.) – End of wall 8 facing 3 o'clock□

Begin Again!

Ending: Wall 9, cts. 17-24: In this section on ct. 3 turn ½ to the front and triple forward for 4&5. The End! Website: www.michaelandmichele.com / Email: mbarr@saber.net - Mob: 01 - 530.586.0255 Last Update - 130th Nov 2016