NY To CA



拍數: 32 編數: 4 級數: Intermediate / Advanced NC rhythm

編舞者: Michael Barr (USA) - April 2016





* Dedicated to Amy Oyang and her New York to California story *

Lead: 32 counts / BPM: 74

[1 – 8]□Basic Night Club w/ Full Turn, 1/4 Coaster, Walk

1 - 2&	Step R side right; Rock L behind R; Return weight onto R slightly crossing in front of L□12
3 - 4&	Turn ¼ left stepping L forward; Step Right forward; Turn ½ left taking weight onto L□3
5 - 6&	Turn ¼ left stepping R side right; Make a ¼ turn left stepping L slightly back of R; Step R next

Styling: ☐ As you step on count 5 start a sweep of the L into a ¼ turn left stepping L back of R (count 6) ☐

7 - 8 Step L forward; Step R forward □9

□6

[9 – 16] ☐ Full Spiral Turn R, Chase 1/2 Turn R, Walk, Walk, Cross-Rock-Side, Cross-Rock ☐

1 - 2&	(1) Step onto ball of L turning full turn right; (2) Step slightly forward onto R; (&) Step L forward □9
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3, 4, 5 Turn ½ right shifting weight to R; Step L forward; Step R forward □ 3
6 & 7 Rock L in front of R; Return onto R in place; Step L side left □ 3
8& Rock R in front of L; Return onto L in place □ 3

*Restart□Wall 3 is a short wall of 16 cts. Restart dance here facing 9 o'clock.□

I17 – 241 Side, Cross. 3/4 Turn L. Triple Step Forward, Full Turn Walk Around w/ Lock Step □

[17 - 24] Libide, Cross, 3/4 Turri L, Triple Step Forward, Full Turri Walk Around W/ Lock Step Li		
1 - 2	Step R side right (open hips to right); Step L in front of R (prep L turn)□3	
3	Step onto ball of R side right and turn ¾ of a turn left □6	
4 & 5	Run, run, run: Step L forward; Step R next to L; Step L forward forward □6	
6	Step R forward in front of L □6	
7	Turn ½ left shifting weight to your L□12	
8	Turn $\frac{1}{4}$ left stepping your R side right facing the 9 o'clock wall \Box 9	
&	Turn ¼ left as you step your L back and in front of your R facing the 6 o'clock wall (lock step)	

*Tag/restart□Wall 7 is 24 cts. Finish the lock step and then do 2 Sways – R, L; You will restart facing 12 o'clock.□

[25 – 32] □Back, Back, 1/2 Turn, Forward-1/2 Turn-Sway L,R,L, Rock-Return 1/4 Left□

1 - 2 - 3	Step R back; Step L back (prep for a right turn); Turn ½ right stepping R forward ☐ 12
4 & 5	Small Step forward on L; Turn ½ right onto your R; Step L side left swaying hips left ☐6
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6 - 7 Sway hips right; Sway hips to your L, allowing all the weight to stay left □ 6

8& Rock R back; Return into a ¼ turn left onto your L in place □3

*Tags: x 2□Sway R; Sway L (2 cts.) – End of wall 2 facing 6 o'clock; End of wall 5 facing 3 o'clock

*Restart□Wall 3; Dance 16 cts., and restart the dance. This will happen as you finish your two cross rocks steps□

*Tag/Restart□Wall 7: Dance 24 cts up to the lock step: Sway R; Sway L (2 cts.). Restart on the 12 o'clock wall□

*Tag: x 1□Sway R; Sway L; Sway R; Sway L (4 cts.) – End of wall 8 facing 3 o'clock□

Begin Again!

Ending: Wall 9, cts. 17-24: In this section on ct. 3 turn ½ to the front and triple forward for 4&5. The End!

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