Yes I Can



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Alain Cristofol (FR) - February 2016

音樂: Yes I Can - Jason Barry



Intro: 32 counts

[1 — 8] SHUFFLE R, ROCK STEP, VINE L

1 & 2 Step R to R side, step L together, step R to R side

3 - 4 L back, recover on R

5-6-7-8 Step L to L side, cross R behind L, step L to L side, cross R over L

[9 — 16] 1/4 TURN L SHUFFLE FWD, JAZZ BOX, STEP 1/4 TURN L

1&2
3-4-5-6
1/4 turn L step L forward, step R together, step L forward
Cross R over L, step R back, step R next to L, step L forward

7-8 Step R forward, ¼ turn L

RESTART 4th WALL A [3:00]

[17 — 24] CROSS SHUFFLE, VINE, ROCK STEP L SIDE

1 & 2 Cross R over L, step L to L side, cross R over L

3-4-5-6 Step L to L side, cross R behind L, step L to L side, cross R over L

7 - 8 Step I to L side, recover on R

[25 — 32] BEHIND, SIDE, CROSS, STEP 1/4 TURN, SHUFFLE FWD, STEP L FWD, TOUCH

1 & 2 Cross L behind R, step R to R side, cross L over R

3 - 4 Step R forward, ¼ turn L

5&6 Step R forward, step L together, step R forward

7-8 Step L forward, touch R next to L

START AGAIN AND ENJOY

FINAL: REPLACE 31th COUNT BY 1/4 TURN R

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