Cake By The Ocean



拍數: 64 牆數: 2 級數: High Intermediate

編舞者: Nathan Gardiner (SCO) - May 2016

音樂: Cake by the Ocean - DNCE: (Clean Version)



Intro: 16 counts

Out, Out, Rock Back	. Recover.	Kick Ball Step.	Shoulder Pops

1-2 Step R slightly to R side, Step L slightly to L side

3-4 Rock back on R, Recover on L

5&6 Kick R forward, Step R next to L, Step slightly forward on L

7&8 Pull R shoulder up pushing L shoulder down, Pull L shoulder up pushing R shoulder down,

Push L shoulder down

Walk Back R & L, Step Back with Hip Bumps R & L, Rock Back, Recover

1-2 Step back on R, Step back on L

Step back on R popping L knee forward, Bump hips slightly to L diagonal, Bump hips back Step back on L popping R knee forward, Bump hips slightly to R diagonal, Bump hips back

7-8 Rock back on R, Recover on L

Out, Out, Heel Swivels R & L, Hitch, Point, Touch, Point

1-2 Step R slightly to R side, Step L slightly to L side

3&4& Swivel R heel to L, Swivel R heel back to centre, Swivel L heel to R, Swivel L heel back to

centre

5-6 Hitch R slightly across L, Point R to R side

7-8 Touch R next to L, Point R to R side

Jazz Box ¼ R, Chest Pops

1-2 Cross R over L, Step back on L

5&6& Pop chest forward pulling shoulders back, Push shoulders forward, Pop chest forward pulling

shoulders back, Push shoulders forward

7&8& Pop chest forward pulling shoulders back, Push shoulders forward, Pop chest forward pulling

shoulders back, Push shoulders to centre

Side R, Touch, Kick Ball Cross, 1/4 L, Step 1/4 L, Ball Side

1-2 Step R to R side, Touch L next to R

3&4 Kick L to L diagonal, Step L next to R, Cross R over L

&8 Step R next to L, Step L to L side

Sway R, Sway L, Sway R, Hitch, 1/4 L, 1/2 L, 1/4 L, Cross

1-2 Step R to R side swaying hips to R side L (Slightly bending knees), Sway hips to L side

(Knees still bent)

3-4 Sway hips to R side (Standing up), Hitch L slightly across R

5-6 $\frac{1}{4}$ L stepping forward on L, $\frac{1}{2}$ R stepping back on R

Side L, Hold, Ball Side, Touch, Side R, Hold, Ball Side, Touch

1-2	Step L to L side, Hold (Option: Start body roll L or start hip roll clockwise)
&3-4	Step R next to L (Stop body roll or Hip roll), Step L to L side, Touch R next to L
5-6	Step R to R side Hold (Ontion: Start body roll R or start hip roll anti-clockwise)

&7-8 Step L next to R (Stop body roll or hip roll, Step R to R side, Touch L next to R

Side L, Behind, 1/4 L, Scuff, Walk Forward with Knee Pops

1-2 Step L to L side, Step R behind L

5-6 Step forward on R popping L knee forward, Step forward on L popping R knee forward 7-8 Step forward on R popping L knee forward, Step forward on L popping R knee forward

Tag: End of wall 2

Hip Bump RX2, Hip Bump LX2, Sway R, Sway L, Sway R, Sway L

1&2 Bump hips to R side, Bump back to centre, Bump hips to R side3&4 Bump hips to L side, Bump hips back to centre, Bump hips to L side

5-6 Sway hips to R side, Sway hips to L side 7-8 Sway hips to R side, Sway hips to L side

Restart: On wall 5 dance 48 counts change 1/4 L, Cross to Shuffle 1/2 L then Restart the dance

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