Down On The Bayou

級數: Phrased Easy Intermediate

編舞者: Angel Warnars (NL) & John Warnars (NL) - May 2015

音樂: Down On the Bayou - Robert Mizzell : (CD: I Don't Want To Say Goodbye)



PART A (16 counts);

拍數: 34

A1: R KIČK (&) BALL, SIDE ROCK, (&) RECOVER, L LOCK STEP BACK, (&) ¼ R BALL & R HITCH into SIDE SHUFFLE ¼ R, (&) ¼ R BALL & L HITCH into L SIDE SHUFFLE, (&) TAP:

- 1&2& RF kick forwards, RF step back on ball, LF rock to left side, recover back on RF
- 3&4& LF step backwards, RF step across LF (lock), LF step backwards, on ball LF ¼ turn right (3)
 & RF lift knee (hitch)
- 5&6& RF step to right side, LF close next RF, RF ¼ turn right (6), on ball RF ¼ turn right (9) & LF lift knee (hitch)
- 7&8& LF step to left side, RF close next LF, LF step to left side, RF tap with toes next LF

A2: R HEEL, (&) HOOK, HEEL, (&) TAP, R SIDE SHUFFLE, (&) TAP, L HEEL, (&) HOOK, HEEL, (&) TAP, L SIDE SHUFFLE with ¼ L, (&) TAP;

- 1&2& RF tap heel diagonal right forwards, RF hook for LF, RF tap heel diagonal right forwards, RF tap with toes next LF
- 3&4& RF step to right side, LF close next RF, RF step to right side, LF tap with toes next RF
- 5&6& LF tap heel diagonal left forwards, LF hook for RF, LF tap heel diagonal left forwards, LF tap with toes next RF
- 7&8& LF step to left side, RF close next LF, LF ¼ turn left (6) & step forwards, RF tap with toes next LF

PART B (18 counts);

B1: R KICK, (&) BALL, SIDE ROCK, (&) RECOVER, L KICK, (&) BALL, SIDE ROCK, (&) RECOVER, ¼ R JAZZ BOX CROSS with TOE HEEL STRUTS;

- 1&2& RF kick forwards, RF step back on ball, LF rock to left side, recover back on RF
- 3&4& LF kick forwards, LF step back on ball, RF rock to right side, recover back on LF
- 5&6& cross step RF toes over LF, RF drop heel down, LF ¼ turn right (9) & step back on toes, LF drop heel down
- 7&8& RF step on toes to right side, RF drop heel down, cross step LF toes over RF, LF drop heel down

B2: R SIDE SHUFFLE, (&) TAP, L SIDE SHUFFLE ¼ R, (&) HITCH, R COASTER STEP, (&) STOMP, HEEL SWIVELS (left & center 2x):

- 1&2& RF step to right side, LF close next RF, RF step to right side, LF tap with toes next RF
- 3&4& LF step to left side, RF close next LF, LF ¼ turn right (12) & step backwards, RF lift knee (hitch)
- 5&6& RF step backwards, LF close next RF, RF step forwards, LF stomp forwards
- 7&8& RF&LF swivel heels left, RF&LF swivel heels center, RF&LF swivel heels left, RF&LF swivel heels center

B3: L COASTER STEP, (&) TAP:

1&2& LF step backwards, RF close next LF, LF step forwards, RF tap with toes next LF

1 RF start again. (kick forwards)

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牆數:2