Safety Bay Waltz

拍數: 24

級數: Beginner waltz

編舞者: Wanda Heldt (AUS) - May 2016

音樂: Amazing Grace - The Sporran Brothers

Alt. music: Vayo Con Dios by Freddy Fender or any Waltz to suit.

Choreographed Specially for Group of Dear Amazing & Lovely Seniors=They give me their favourite steps thev like to do ...

Facing 12:00 - Start dance with 1/4 turn to [9:00]

S1. 1/4 TURN LEFT BASIC WALTZ FORWARD, BASIC WALTZ BACK

- Turn 1/4 Left with basic waltz forward L.R.L. [9:00] 1-3
- 4-6 Basic Waltz back R.L.R.

S2. LEFT TWINKLE, RIGHT TWINKLE

- 1-3 Step Left across Right, Step Right to Right side, Step Left next to Right.
- 4-6 Step Right across Left, Step Left to Left side, Step Right next to Left.

S3. WALK TO LEFT DIAGONALLY, WALK TO RIGHT DIAGONALLY

- 1-3 Walk to Left Diagonally L.R.L.
- 4-6 Walk to Right Diagonally R.L.R.

S4. BACK ON LEFT, TAP RIGHT TOE TWICE, BACK ON RIGHT, TAP LEFT TOE TWICE

1-3 Step back on Left, Tap Right toe twice side of Left [or Step back & drag R toe to L foot.]

4-6 Step back on Right, Tap Left toe twice side of Right [or Step back & drag L toe to R foot.]

As you tap twice or drag toe in slap top of Right thigh twice - repeat with Left... Have FUN !!

Restart... HAVE FUN IN LIFE & IN DANCE

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