



拍數: 32

級數: Beginner - Funky

編舞者: Taren Gaia (SA) - May 2016

音樂: Whip It! (feat. Chloe Angelides) - LunchMoney Lewis

牆數:4

Intro: 32 counts - On last count of the intro, flick left foot behind your R knee before you step out (See last count of dance below for arms)

[1-8] Side step (bend knees), hold, jump together, clap, side touch, ¼ side touch

- 1-2 Step LF to L side bending both knees, hold (Optional Arms: R arm punches out as you step L)
- 3-4 Jump with feet together, clap
- 5-6 Step RF to R, touch LF to RF
- 7-8 Step LF to L side making 1/4 turn L, touch RF to LF (9:00)

[9-16] Cross point x2, point fwd, point side, ¼ sailor step

- 1-2 Step RF over LF, point LF to L side
- 3-4 Step LF over RF, point RF to R side
- 5-6 Point RF fwd, point RF to R side
- 7&8 Step RF behind LF making ¼ turn R, step LF in place, step RF fwd

[17-24] Ulalk x2, V step, back, touch

- 1-2 Step LF fwd, step RF fwd
- 3-4 Step LF to L diagonal, step RF to R diagonal
- 5-6 Step LF back, step RF to LF
- 7-8 Step LF back, touch RF in front of LF

[25-32] Hip bumps fwd x3, hip bumps back x3, step, step ¼ turn, flick

- 1&2 Transfer weight onto RF as you do 3 hip bumps fwd, back, fwd
- 3&4 Transfer weight onto LF as you do 3 hip bumps back, fwd, back
- 5-6 Step RF fwd, step LF fwd
- 7-8 Making ¼ turn R transfer weight onto RF, Flick LF behind R knee

(Optional Arms: as you flick, bend your R arm as if you going to punch something, but bring it close to your body)

Tag: Wall 9 (approx. 2:30)

[1-8] side step (bend knees), hold, jump together, clap, pop knees x3, flick

- 1-2 Step LF to L side bending both knees (plie), hold
- 3-4 Jump with feet together, clap
- 5-6-7 Pop knees fwd R,L,R
- 8 Flick LF behind R knee

Enjoy

Please feel free to use alternate music but do not alter the step sheet without notifying the choreographer first.

Contact: taren.gaia@gmail.com□

