

Sikat Basta Pinoy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Noel Gamboa (USA) - December 2009
音樂: Sikat Basta Pinoy - Noel Gamboa



Start dancing on lyrics (No Tags, No Restarts)

ROCK, RECOVER, SHUFFLE, ROCK, RECOVER, SHUFFLE

1-2 Rock left forward, recover to right
3&4 Chasse back left-right-left
5-6 Rock right back, recover to left
7&8 Chasse forward right-left-right

CROSS ROCK, RECOVER, TRIPLE, CROSS ROCK, RECOVER, TRIPLE

1-2 Cross / rock left over, recover to right
3&4 Triple in place left-right-left
5-6 Cross / rock right over, recover to left
7&8 Triple in place right-left-right

SAMBA (2X), STEP-TURN (2X)

1a2 Cross left over right, step ball of right behind left, step left in place
3a4 Cross right over left, step ball of left behind right, step right in place
5-6 Step left forward, turn 1/2 right (weight to right)
7-8 Step left forward, turn 1/2 right (weight to right)

SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE, TURN, ROCK, RECOVER

1&2 Chasse side left-right-left
3-4 Cross / rock right behind, recover to left
5&6 Chasse side right-left-right
7-8 Turn 1/4 left and rock left back, recover to right

REPEAT

For arm styling please see instructional & demo videos.
Submitted by Don Corrigan

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