I Believe In



拍數: 32 牆數: 4 級數: Improver

編舞者: Eddie Morrison (SCO) - May 2016

音樂: I Believe In - Angie King: (iTunes, amazon)



#8 Count Intro

Section 1:□Side behind side heel, side behind side scuff, step lock step scuff, step lock step.

1 &2& Step right to the side, step left behind right, step right to the side, dig left heel to the side

diagonal.

3 &4& Step left to the side, step right behind left, step left to the side, scuff right forward.
5&6& Step forward right, lock left behind right step forward on right, scuff left forward.

7&8 Step forward on left, lock right behind left, step forward on left.

Section 2:□Rock ½ turn hold, side rock and cross hold, side behind side step, twist left, right, side touch...

1 &2& Rock forward on right recover on left, make ½ turn right stepping forward on right hold.

3&4& Side rock on left recover on right, cross left over right hold.

5&6& Step right to the side, step left behind right, step right to the side, step left in front of right.

(** Restart**)

7&8& (On balls of feet) Twist heels left, right, step left to the side touch right beside left

Section 3: ☐ Step lock step, rocking chair, step ¼ turn cross, side together forward.

1 &2 Step forward on right, step left behind right, step forward on right (* & Restart*)

3&4& Rock forward on left, recover on right, rock back on left, recover on right.

5&6 Step ¼ turn right, cross left over right.

7&8 Step right to the side, step left beside right, step forward on right.

Section 4: ☐ Side together back, back lock back, rock back recover forward, side rock & touch.

Step left to the side, step right beside left, step back on left.
Step back on right, cross left over right, step back on right.
Rock back on left, recover on right step forward on left.
Rock right to the side, recover on left, touch right beside left.

Restarts:-

Wall 3* After count 2 section 3 add an & count then Restart.

Step lock step & (stepping on left.)

Wall 6** After step 6& section 2. then Restart.

Side behind side step.

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Last Update - 27th May 2016