# **Easy Groove**



拍數: 32 編數: 4 級數: Absolute Beginner

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音樂: CAN'T STOP THE FEELING! - Justin Timberlake



### S1: WALK, WALK, SHUFFLE, JAZZ BOX ¼ TURN □

1-2	Step RF fwd, Step LF fwd ☐ 12:00
3&4	Shuffle forward R-L-R □12:00

5-6 Cross LF over RF, Step back onto RF □ 12:00

7-8 Step LF to L side making ¼ turn L, Cross RF over LF□9:00

### S2: DIAGONAL STEP LOCK, SHUFFLE, JAZZ BOX

1-2 Step LF diagonally fwd, Lock RF behind LF (For an easier AB option close RF beside LF)

7.30

3&4 Shuffle fwd to L diagonal L-R-L □7:30
5-6 Cross RF over LF, Step back onto LF □9:00
7-8 Step RF to R side, Close LF beside RF □9:00

### S3: STEP OUT, OUT, SIDE SHUFFLE, STEP OUT, OUT, SIDE SHUFFLE

1-2 Step out on RF (slightly fwd), Step out on LF (slightly fwd) □9:00
3&4 Step RF to R side, Close LF beside RF, Step RF to R side □9:00
5-6 Step out on LF (slightly fwd), Step out on RF (slightly fwd) □9:00
7&8 Step LF to L side, Close RF beside LF, Step LF to L side □9:00

\*NB\* Make this section as funky as you like. Eg: Bending knees slightly on steps out. □

## S4: DIAGONAL STEP BACK, TOUCH, HOLD X2, DIAGONAL STEP BACK, TOUCH X4

&1-2 Step RF back to R diagonal, Touch L toe beside RF, Hold □9:00&3-4 Step LF back to L diagonal, Touch R toe beside LF, Hold □9:00

&5&6 Step RF back to R diagonal, Touch L toe beside RF, Step LF back to L diagonal, Touch R

toe beside LF□9:00

&7&8 Step RF back to R diagonal, Touch L toe beside RF, Step LF back to L diagonal, Touch R

toe beside LF□9:00