

You're The One

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Jo Rosenblatt (AUS) - April 2016
音樂: You're the One - Petula Clark



Start: □ 16 Count Intro, Weight on left foot

S1: Fwd, Rock, ½ Turn Shuffle, Step, Pivot, Fwd, Hold □

1 2 3&4 Step fwd on R, Rock back onto L, Turning 180 □ right shuffle fwd: RLR □ 6
5-8 Step L fwd, Turning 180 □ right step R fwd, Step L fwd, Hold □ 12

S2: ½ Turn Toe Strut, ½ Turn Toe Strut, ½ Turn Toe Strut, Fwd, Hold □

1 2 Turn 180 □ left step back on R toe, Step down on R heel (click fingers) □ 6
3 4 Turn 180 □ left step fwd on L toe, Step down on L heel (click fingers) □ 12
5 6 Turn 180 □ left step back on R toe, Step down on R heel (click fingers) □ 6
7 8 Step L fwd, Hold (click fingers)

S3: Cross, Side, Behind, Side, Cross, Rock, Side, Hold □

1-4 Cross R over left, Step L to left, Step R behind left, Step L to left
5-8 Cross R over left, Rock onto L, Step R to right, Hold □ 6

S4: Cross, Side, Behind, ¼ Turn, Step Pivot, Forward, Hold □

1-4 Cross L over right, Step R to right, Step L behind right, Turn 90 □ right step R forward
5-8 Step L fwd, Turning 180 □ right step R fwd, *** Step L fwd, Hold ## □ 3

S5: Rocking Chair, Scuff, Hitch, Step, Hold □

1-4 Step R fwd, Rock back onto L, Step R back, Rock fwd onto L
5-8 Scuff R beside left, *** Hitch R foot up in front of your left knee, Step fwd on R, Hold □ 3
(Styling: As you Scuff & Hitch rise up on your left toe.) □

S6: Rocking Chair, Scuff, Hitch, Step, Hold □

1-4 Step L fwd, Rock back onto R, Step L back, Rock fwd onto R
5-8 Scuff L beside right, Hitch L foot up in front of your right knee, Step fwd on L, Hold □ 3
(Styling: As you Scuff & Hitch rise up on your right toe.) □

S7: Fwd, Touch, Fwd, Touch, Back, Touch, Back, Touch □

1-4 Step fwd on R, Touch L to left, Step fwd on L, Touch R to right
5-8 Step back on R, Touch L to left, Step back on L, Touch R to right □ 3

S8: Back, Back, Back, Hold, ¾ Triple Step, Hold □

1-4 Take small steps back RLR, Hold
5-8 Turning 270 □ to the left triple step L,R,L on the spot, Hold □ 6

TAG: □ At the End of Walls 1 and 2 add the following: Sway, Hold, Sway, Hold □

1-4 Sway R hips to right, Hold, Sway L hips to left, Hold

BRIDGE: □ Wall 3: ## After Count 32 add a Rocking Chair and continue on with the dance.

1-4 Step R fwd, Rock back onto L, Step R back, Rock fwd onto L

FINISH: □ Wall 5: * After Count 37 Turn your R Hitch ¼ to the left and step R to the right to finish the dance at the front wall. □**

Free to be copied provided no changes are made to the original choreography.
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