

I'm Faded

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Nathan Gardiner (SCO) - June 2016
音樂: Faded - Alan Walker



Intro: 16 counts

Step Back, Behind, Side R, Cross Rock, Recover, Ball, Cross Unwind Full L, Cross, Side L, Together, Forward

1 Step back on R sweeping L from front to back
2& Step L behind R, Step R to R side
3-4& Cross rock L over R, Recover on R, Step L slightly to L side
5-6 Cross R over L, Unwind full L (Weight on L)
7 Cross R over L
8&1 Step L to L side, Step R next to L, Step forward on L

Option counts 5-6: Cross R over L, Step L to L side

Side R, Together, ¼ R, Mambo Step, Walk Back R & L with Sweeps, Sailor ½ R with Cross

2&3 Step R to R side, Step L next to R, ¼ R stepping forward on R
4&5 Rock forward on L, Recover on R, Step back on L (Sweep R from front to back)
6-7 Step back on R sweeping L from front to back, Step back on L sweeping R from back to front
8&1 Step R behind L, ¼ R stepping L to L side (Tag/Restart Point), ¼ R crossing R over L

Point, Cross Samba, Cross, Point, Cross Samba

2 Point L to L side
3&4 Cross L over R, Rock out to R side, Recover on L
5-6 Cross R over R, Point L to L side
7&8 Cross L over R, Rock out to R side, Recover on L

Coaster Step, Mambo ½ L, Side R, Sailor Step, Step ½ L

1&2 Step back on R, Step L next to R, Step forward on R
3&4 Rock forward on L, Recover on R, ½ L stepping forward on L
5 Step R to R side
6&7 Step L behind R, Step R to R side, Step L to L side
8& Step forward on R, ½ L (Weight on L)

Tag: End of wall 2

Sway R, Sway L

1-2 Step R to R side swaying hips to R side, Sway hips to L side

Tag/Restart: On wall 7 dance 16& counts then add Sway R, Sway L then Restart the dance

Contact: nathan.gardiner1998@hotmail.co.uk