

No Glamour In The Hammer

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Penny Tan (MY) - June 2016
音樂: No Glamour in the Hammer - Whitehorse



Intro: 48 counts.

SEC 1: FWD,HITCH, BACK ,HITCH , BACK ,HITCH,COASTER STEP

1-2 Step R fwd, hitch L
3-4 Step L back , hitch R,
5-6 Step R back , hitch L
7&8 Step L back , step R beside L , step L fwd

SEC 2: FWD SHUFFLE , L SWEEP ¼ TURN CROSS ,SIDE ,BEHIDE, SIDE ,CROSS , SIDE RECOVER, TOGETHER

1&2 Step R fwd , step L beside R , step R fwd
3-4 Sweep L fwd with a ¼ turn to R (3.00) and cross over R, step R to R side
5&6 Step L behind R, step R to R side , cross L over R
7&8 Rock R to R side , recover on L , step R beside L

SEC 3: SIDE,TOGETHER, SIDE CHASSE, PIVOT ¼ , PIVOT ¼

1-2 Step L to L side , step R beside L
3&4 Step L to L side , step R beside L , step L to L side
5-6 Step R fwd make a ¼ turn to L (12.00), recover on L
7-8 Step R fwd , make a ¼ turn to L (9.00), recover on L

SEC 4: CROSS, TOUCH, ¼ TURN FWD, TOUCH, JAZZ BOX CROSS

1-2 Cross R over L , touch L to L side
3-4 ¼ turn to L (6.00) fwd L , touch R to R side
5-6 Cross R over L, step back on L
7-8 Step R to R side, cross L over R

***Short here after 32 counts on wall 2 and Restart**

SEC 5: BACK, TOUCH, FWD, TOUCH, COASTER STEP,FWD ROCK ,RECOVER

1-2 Step R back, touch L beside R
3-4 Step L fwd , touch R beside L
5-6 Step back on R , STEP L beside R
7-8 Step R fwd , recover on L

SEC 6: BACK SWEEPING (X3) ,TOUCH , HIP BUMPS (X3)

1-2 Step R back with sweeping L back , Step L back with sweeping R back
3-4 Step R back with sweeping L back, Step L behind R
5-6-7-8 Touch R fwd , hip bumps (X3)

RESTART: On WALL 2 after 32 counts (12.00), restart the dance again!

Happy dancing!

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