A Loving Angel

拍數: 64

級數: Improver



音樂: Mom - Donna Taggart : (iTunes)

This dance is dedicated to my dancers who had the stork bring them a little bundle to love, a wee baby boom at Dance in Line - Stranraer

S1. Run, Run, Run, Hold, Full Turn, Hold.

- 1-2 Run fwd on right, left.
- 3-4 Run fwd on right, hold for a beat.
- 5-6 Step fwd on left, pivot ¹/₂ turn right.
- 7-8 Turn $\frac{1}{2}$ right stepping back on left, hold for a beat. (12)

S2. Behind Side Cross Hold, 1/4 Turn Run Back Hold.

- 1-2 Cross right behind left, step left to left side.
- 3-4 Cross right over left, hold for a beat.
- 5-6 Turn ¹/₄ right run back left, run back right.
- 7-8 Run back left, hold for a beat. (3)

S3. Back Rock Step Scuff, Shuffle Fwd Scuff.

- 1-2 Rock back on right, recover fwd on left.
- 3-4 Step fwd on right, scuff left foot fwd.
- 5-6 Step fwd on left, step right next left.
- 7-8 Step fwd on left, scuff right foot fwd. (3)

S4. Fwd ¼ Turn, Weave.

- 1-2 Step fwd on right, turn 1/4 right stepping back on left.
- 3-4 Step right to right side, cross left over right.

Restart the dance from Beginning during wall 4 & Wall 7

- 5-6 Step right to right side, cross left behind right.
- 7-8 Step right to right side, Cross left over right. (6)

S5. Side Rock, Rec., ¹/₂ Turn Hold, Back Rock ¹/₄ Turn Hold.

- 1-2 Rock right to right side, recover on left
- 3-4 Turn ¹/₂ left stepping back on right, Hold for a beat.
- 5-6 Rock back on left, recover on right.
- 7-8 Turn ¹/₄ right stepping left to left side, hold for a beat. (3)

S6. Coaster Step Scuff, Left Lock Step Scuff.

- 1-2 Step back on right, step left next right.
- 3-4 Step fwd on right, scuff fwd on left.
- 5-6 Step fwd in left, lock right behind left.
- 7-8 Step fwd on left, scuff right fwd. (3)

S7: Fwd Rock, Side Rock, Sailor 1/4 Turn, Hold.

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock Right to right side, recover on left.
- 5-6 Turning ¹/₄ right cross right behind left, step left to left side.
- Step right to right side, hold for a beat. (6) 7-8





牆數:2

S8. Fwd Rock, Side Rock, Behind Side Fwd.

- 1-2 Rock fwd on left, recover on right.
- 3-4 Rock left to left side, recover on right.
- 5-6 Cross left behind right, step right to right side.
- 7-8 Step fwd on left, hold for a beat. (6)

Last Update - 17th June 2016