Early In The Morning

級數: Improver

編舞者: Stella Kim (KOR) - June 2016

音樂: Early in the Morning - Vanity Fare

Sequence: (28-32-tag)-(28-32-tagx2)-(28-32-tag)

Intro: 16 counts

SEC 1: (FORWARD, SIDE ROCK, RECOVER) X2. PIVOT 1/4 TURN L. WEAVE

- 1-2& RF forward, LF side rock, RF recover
- 3-4& LF forward, RF side rock, LF recover
- RF forward, pivot 1/4 turn L (weight LF) 5-6
- RF cross over LF, LF side, RF cross behind LF, LF side(9:00) 7&8&

SEC 2: CROSS, SIDE TOUCH, BACK MAMBO, SIDE TOUCH, 1/4 TURN R WITH JAZZ BOX, CROSS

- 1-2 RF cross over LF, LF side touch
- 3&4 LF back rock, RF recover, LF forward
- 5 RF side touch

拍數: 32

6&7-8 RF cross over LF, 1/4 turn R with LF back, RF side, LF cross over RF(12:00)

SEC 3: (SIDE, BACK ROCK, RECOVER) X2, PIVOT 1/4 TURN L, FORWARD ROCK, RECOVER, 1/2 TURN **R WITH FORWARD**

- 1-2& RF side, LF back rock, RF recover
- 3-4& LF side, RF back rock, LF recover
- 5-6 RF forward, pivot 1/4 turn L (weight LF)
- 7&8 RF forward rock, LF recover, 1/2 turn R with RF forward(3:00)

SEC 4: 1/4 TURN WITH R SIDE ROCK, RECOVER, COASTER, JAZZ BOX, FORWARD

- /4 turn R with LF side rock, RF recover 1-2 1
- 3&4 LF back, RF together, LF forward(6:00) *Restart here
- 5-8 RF cross over LF, LF back, RF side, LF forward

TAG(8counts)

K-STEP, FORWARD MAMBO, BACKWARD MAMBO

- RF diagonal forward, LF touch beside RF, LF diagonal back, RF touch beside LF 1&2&
- RF diagonal back, LF touch beside RF, LF diagonal forward, RF touch beside LF 3&4&
- 5&6 RF forward rock, LF recover, RF back
- LF back rock, RF recover, LF forward 7&8

RESTART: On the 1st, 3rd, 5th wall, you should dance until 28 counts and start again

E-MAIL: sktelkmh@naver.com - http://www.youtube.com/user/thetrianglelinedance





牆數:2