Yes! Now!



拍數: 48 牆數: 4 級數: Improver

編舞者: Robert Hahn (DE) - October 2013

音樂: Aw Naw - Chris Young



Note: Start On Lyrics. No Tags, No Restarts!

This dance is dedicated to my home town club the SkyLiners-Nuernberg e.V., who love to dance coaster & sailor steps !!!

[1-8] Scuff, Step Side, ¼ Swivel Turn Left, Coaster Step, Walks Forward		
	1-2	Scuff right heel forward next to left, step right to right side
	3&4	Swivel heels right, left, right and make a ¼ turn left (weight ends on right)
	5&6	Step left back, step right next to left, step left forward
	7-8	Walk forward right, walk forward left

[9-16] Mambo Step with 1/4 Turn Right, Step Cross, Side, Sailor Step, Mambo Step

1&2	Step right forward, recover weight onto left, make a ¼ turn right and step right to right side
3-4	Step left across right, step right to right side
5&6	Step left behind right, step right to right side, step left slightly to left diagonal
7&8	Step right forward, recover weight onto left, step right back

[17-24] Coaster Step. Dorothy Steps. Step Forward

[17-24] Coaster Step, Dorothy Steps, Step Forward	
1&2	Step left back, step right next to left, step left forward
3	Step right forward to right diagonal
4&5	Step left behind right, step right forward to right diagonal, step left forward to left diagonal
6&7	Step right behind left, step left forward to left diagonal, step right forward to right diagonal
8	Step left forward

[25-32] Mambo Step, Full Left Turn Back, ½ Shuffle Turn Left, Kick Ball Step

1&2	Step right forward, recover weight onto left, step right back
3-4	Make a ½ turn left and step left forward, make a ½ turn left and step right back
5&6	Make a $\frac{1}{4}$ turn left and step left to left side, step right next to left, make a $\frac{1}{4}$ turn left and step left \square forward

7&8 Kick right forward, step right next to left, step left forward

[33-40] Side Rock, Behind Side Cross, Side Rock, Behind 1/4 Turn Right Step,		
1-2	Step right to right side, recover weight onto left	
3&4	Step right behind left, step left to left side, step right across left	
5-6	Step left to left side, recover weight onto right	
7&8	Step left behind left, make a ¼ turn right and step right forward, step left forward	

[41-48] Toe & Heel Switches & Rock Step, ½ Turn Right, Step Forward

1&2	Touch right toe to right side, step right next to left, touch left toe to left side
&3	Step left next to right, touch right heel forward
&4	Step right next to left, touch left heel forward
&5-6	Step left next to right, step right forward, recover weight into left
7-8	Make a ½ turn right and step right forward, step left forward

... Start Again

