Back On Trail

1-2

3-4

5-6

7-8

1-2 3-4

5-6

7-8

1-2

3-4

5-6 7-8

1-2

3-4

5-6 7-8

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1-2

3-4 5-6

7-8

1-2

3-4



級數: Advanced 拍數: 80 牆數: 2 編舞者: Adriano Castagnoli (IT) - July 2016 音樂: Here I Go Again - Lee Matthews S1: HEEL SWITCHES (LEAD RIGHT), KICK, JUMPING CROSS, KICK, (RIGHT, LEFT), JUMP CROSS (TWICE) Touch Right Heel Forward, Touch Left Heel Forward Kick Right Forward, Jumping Cross Right Over Left Jump In Back On Left And Kick Right Forward, Kick Left Forward Jumping Cross Left Over Right (Twice) S2: JUMP BACK, ROCK BACK LEFT, SCUFF, FULL TURN RIGHT FORWARD (TOES STRUT) Jump Back On Right, Rock Back On Left And Kick Right Forward Return Onto Right, Scuff Left Beside Right Turn 1/2 Right And Step Back On Left Toe, Drop Left Heel Taking Weight Turn 1/2 Right And Step Forward On Right Toe, Drop Right Heel Taking Weight S3: ROCK LEFT, KICK, CROSS, FLICK UP RIGHT AND SLAP, STOMP, HEELS FAN RIGHT Rock Left Diagonally Back On Left, Step Right Back Kick Left Forward, Cross Left Over Right (Weight On It) Flick Up Right To Outside And Slap Right On Right Heel, Stomp Right Forward Swivel Both Heels To Right Side, Return Both Heels To Centre S4: FULL TURN RIGHT BACK AND HOLD, SCOOT (TWICE), STEP, SCUFF Turn 1/2 Right On Left And Step Right Forward, Hold Turn 1/2 Right On Right And Step Left Back, Hold Jump Forward On Left Hitching Other Knee (Twice) Step Right Little Forward, Scuff Left Beside Right S5: ROCK FORWARD LEFT, STEP BACK, HOLD, COASTER STEP RIGHT, SCUFF Rock Forward On Left, Return Onto Right Step Left Back, Hold Step Right Back, Step Left Beside Right Step Right Forward, Scuff Left Beside Right S6: PIVOT 1/2 RIGHT, TURN 1/2 RIGHT, HOOK, GRAPEVINE RIGHT, POINT LEFT Step Left Forward, Pivot 1/2 Turn Right Turn 1/2 Right On Right And Step Left Back, Hook Right Over Left Step Right To Right Side, Cross Left Behind Right Step Right To Right Side, Point Left Toe To Left Side S7: TURN 1/4 LEFT AND HEEL STRUT LEFT, 2 TOUCH TOE, JUMPING KICK, TURN 1/4 RIGHT AND KICK, HOOK, TOUCH TOE Turn 1/4 Left And Touch Left Heel Forward, Drop Left Toe To Taking Weight Touch Right Toe Behind Left (Twice) Jumping Back On Right And Kick Left Forward, Turn 1/4 Right And Kick Right Forward Jumping On Right Onto Place And Hook Left Back, Touch Left Toe Behind Right

S8: FLICK UP LEFT AND SLAP, STEP, HEELS FAN, POINT LEFT, BACK, KICK, HOOK

Swivel Both Heels To Left Side, Return Both Heels To Centre

Flick Up Left To Outside And Slap Left On Left Heel, Step Left Forward

5-6	Point Left Toe To Left Side, Step Left Back
7-8	Kick Right Forward, Hook Right Over Left
S9: KICK RIG	6HT, TURN 1/4 LEFT AND KICK LEFT, KICK RIGHT, CROSS, TURN 1/4 LEFT, ROCK BACK
1-2	Kick Right Forward, Turn 1/4 Left And Kick Left Forward
3-4	Kick Right Forward, Jumping Cross Right Over Left
5-6	Turn 1/4 Left And Step Left Back, Rock Back On Right And Kick Left Forward
7-8	Return Onto Left, Scuff Right Beside Left
	/4 LEFT, STOMP UP, TURN 1/4 LEFT, SCUFF (ALL TWICE)
1-2	Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right
3-4	Turn 1/4 Left And Step Left Forward, Scuff Right Beside Left
5-6	Repeat 1-2
7-8	Repeat 3-4
REPEAT	
Here only the	ION: perform the last 4 sequence of the choreography, but starting from the front at the 2nd wal first sequence without a quarter-turn
	LEFT, 2 TOUCH TOE, JUMPING KICK (LEFT, RIGHT), HOOK, TOUCH TOE
1-2	Touch Left Heel Forward, Drop Left Toe To Taking Weight
3-4	Touch Right Toe Behind Left (Twice)
5-6	Jumping Back On Right And Kick Left Forward, Kick Right Forward
7-8	Jumping On Right Onto Place And Hook Left Back, Touch Left Toe Behind Right
	UNTS) Perfomed after 5th repetition (after tag perform introduction) FORWARD RIGHT, STEP BACK, HOLD, COASTER STEP LEFT, HOLD
1-2	Rock Forward On Right, Return Onto Left
3-4	Step Right Back, Hold
5-6	Step Left Back, Step Right Beside Left
7-8	Step Left Forward, Hold
TS2: PIVOT 1	1/2 LEFT, STOMP, HOLD, TOUCH TOE, SCUFF, STEP, HOLD
1-2	Step Right Forward, Pivot 1/2 Turn Left (Weight Onto Right)
3-4	Stomp Left Forward, Hold
5-6	Touch Right Toe Diagonally Back, Scuff Right Beside Left
7-8	Step Right Over Left, Hold
	FORWARD LEFT, STEP BACK, HOLD, COASTER STEP RIGHT, HOLD
1-2	Rock Forward On Left, Return Onto Right
3-4	Step Left Back, Hold
5-6	Step Right Back, Step Left Beside Right
7-8	Step Right Forward, Hold
TS4: PIVOT 1	1/2 RIGHT, STOMP, HOLD, TOUCH TOE, SCUFF, STEP, HOLD
1-2	Step Left Forward, Pivot 1/2 Turn Right (Weight Onto Left)
3-4	Stomp Right Forward, Hold
5-6	Touch Left Toe Diagonally Back, Scuff Left Beside Right
7-8	Step Left Over Right, Hold
	ORWARD RIGHT, STEP BACK, HOLD, COASTER STEP LEFT, HOLD
1-2	Rock Forward On Right, Return Onto Left
3-4	Step Right Back, Hold
5-6	Step Left Back, Step Right Beside Left
7-8	Step Left Forward, Hold

TS6: PIVOT 1/2 LEFT, STOMP, HOLD, KICK RIGHT, CROSS & UNWIND 1/2 LEFT, HOLD 1-2 Step Right Forward, Pivot 1/2 Turn Left (Weight Onto Right)

3-4 Stomp Left Forward, Hold

Kick Right Forward, Cross Right Over Left 5-6

Unwind 1/2 Turn Left, Hold 7-8