

Pocket Full of Sunshine

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Brandon Zahorsky (USA) & Stacy Ruggiero (USA) - May 2016
音樂: CAN'T STOP THE FEELING! - Justin Timberlake : (iTunes)



Side Behind Heel, Snap, Cross, Side, Heel, Snap

1,2& Step R to side (1), Step L behind R (2), Step R to side (&) (12:00)
3,4& Touch L heel diagonal (3), Hold and snap fingers (4), Step down on L next to R (&)
5,6 Cross R over L (5), Step Side L (6) (12:00)
7,8 Touch R heel diagonal (7), Hold and snap fingers (8) (12:00)

¼ Turn Step Touches

1-8 You will Step R to side while touching L next to R. Then Step L to side while touching R next to L. Repeat this for 8 counts. Make a ¼ turn clockwise to finish on 9:00 wall. While doing this, you can add shoulder or body rolls for the 8 counts. Dance what feels good. (9:00)

Restart happens here on the 5th rotation facing 9:00

Triple Forward, Triple Forward, Out, Out, In, In

1&2 Triple forward R (R,L,R) (9:00)
3&4 Triple forward L (L,R,L) (9:00)
5,6 Step R diagonal forward (5), Step L diagonal forward (6) (9:00)
7,8 Step R back to home (7), Step L next to R (8) (9:00)

¼ Turn, ¼ Turn, Crossing Triple, Side Rock, Recover

1,2 Step R forward (1), Make a ¼ turn L (2) (6:00)
3,4 Step R forward (3), Make a ¼ turn L (4) (3:00)
5&6 Cross R over L (5), Step L to side (&), Cross R over L (6) (3:00)
7,8& Rock L to side (7), Recover side R (8), Step L next to R (&) (3:00)

Tag: Happens on the end of the 11th wall. Facing 3:00

Side Rock, Recover, Side Rock, Recover

1,2& Rock R to side (1), Recover Side L (2), Step R next to L (&) (3:00)
3,4& Rock L to side (3), Recover Side R (4), Step L next to R (&) (3:00)
