Twist King

拍數: 64

級數: Improver

編舞者: Sally Hung (TW) - July 2016

音樂: Twist King (트위스트킹) - TURBO (터보)

Sequence Of Dance:

Restart After Finishing S7 Of Wall 3, Facing 6:00 Restart After Finishing S7 Of Wall 5, Facing 6:00 Restart After Finishing S5 Of Wall 7, Facing 6:00 Intro: 40 Counts After Hevy Beats

S1. VINE R WITH TOUCH, VINE L WITH TOUCH

- Step R to the R, cross step L behind R, step R to the R, touch L next to R 1,2,3,4
- 5,6,7,8 Step L to the L, cross step R behind L, step L to the L, touch R next to L

S2. (SWIVEL BOTH TOESS OUT, IN, OUT, IN) X2

- 1,2,3,4 Swivel both toes out, in, out, in traveling to the R
- Swivel both toes out, in, out, in traveling to the L 5,6,7,8

S3. OUT, OUT, BACK, CLOSE, JAZZ BOX WITH ¼ TURN R

- 1,2,3,4 Step R slightly fwd, step L to side (shoulder width), step R back, step L together
- 5.6.7.8 Cross R over L, 1/4 turn R stepping back on L, step R to R, step L fwd

S4. REPEAT S3

S5. ROCKING CHAIR. PADDLE FULL TURN L

- 1,2,3,4 Rock R fwd, recover onto L, rock R back, recover onto L
- 5&6&7&8 Make ¹/₄ turn L pointing R fwd, recover onto L, make ¹/₄ turn L pointing R to R side, recover onto L, make ¼ turn L pointing R to R side, recover onto L, make ¼ turn L pointing R to R side, recover onto L

S6. TOE STRUT, TOE STRUT, HIP TWIST R-L-R-L

- 1,2,3,4 Touch R toe fwd, step down on R, touch L toe fwd, step down on L
- 5,6,7,8 Hip twist R-L-R-L

S7. FWD, TOUCH, ½ L FWD, TOUCH, FWD, TOUCH, ½ L FWD, TOUCH

- 1,2,3,4 Step R fwd, touch L next to R, 1/2 turn L stepping L fwd, touch R nex to L
- 5.6.7.8 Step R fwd, touch L nex to R, 1/2 turn L stepping L fwd, touch R next to L

S8. RUN FULL TURN L, HEELS SWIVELS

- Start to make a full turn L, run round stepping RLRL 1,2,3,4
- 5.6.7.8 Swivel both heels R, swivel heels back to place, swivel both heels R, swivel heels back to place

Happy Dancing!

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牆數:2