

# Is it Lonely Where Your Heart Is

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate NC2  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2016  
音樂: Is It Lonely Where Your Heart Is - Johnny Reid



Start 8 counts after beat kicks in on word "lonely" 12 secs into song – 138bpm

**[1-8] R side, L behind-side-cross, R side rock/¼ L recover, R fwd, L fwd, ½ R pivot turn, L fwd, L full turn fwd**

1, 2&3      Step R side, cross step L behind R, step R side, cross step L over R  
4&5      Rock R side, recover weight on left turning ¼ left, step R forward (9 o'clock)  
6&7      Step L forward, pivot ½ right step L forward (3 o'clock)  
8&8      Turning ½ left step R back, turning ½ left step L forward, step R forward (3 o'clock)

**Non-turning option travel forward R, L, R**

**[9-17] L cross rock/recover, L together, R cross rock/recover, R ball cross, ½ L hinge turn, L box step fwd**

1-2&      Cross rock L over R, recover weight on R, step L together  
3-4&      Cross rock R over L, recover weight on L, step R back  
5      Cross step L over R  
6&7      Turning ¼ left step R back, turning ¼ left step L side, cross step R over L (9 o'clock)

**TAG/RESTART WALLS 3 & 7 Add 1 count tag and restart the dance facing R side wall**

**TAG: Step L to left and sway**

8&1      Step L side, step R together, step L forward

**[18-25] R scissor, L scissor, R box step back, L back, R touch, R fwd**

2&3      Step R side, step L together, cross step R over L  
4&5      Step L side, step R together, cross step L over R  
6&7      Step R side, step L together, step R back

**ENDING: WALL 9 Dance up to 6&, on 7 turn ¼ right & step R side. Hold.**

8&1      Step L back, touch R together, step R forward

**[26-32] Brush & step L fwd, brush & sway R, sway L, R NC basic, ¼ L step L fwd, ½ L pivot turn, ¼ L step R side**

&2      Brush & step L forward  
&3-4      Brush right through and sway R as you step R to right side, sway L

**RESTART WALL 1: Facing L side restart the dance**

**RESTART WALL 4: Facing front wall restart the dance**

5-6&      Step R side, rock L back, recover weight on R  
7-8&      ¼ left step L forward, step R fwd, pivot ½ L step L forward, turn ¼ left to start the dance again  
(in other words the last ¼ turn is executed at the same time as you step side right, there is no count for it as such as it is really count 1 of the dance)

**Non-turning option: NC basic L**

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