The La La Waltz

拍數: 48

級數: Beginner

編舞者: Pat Stott (UK) - July 2016

音樂: Love is a Beautiful Song - Daniel O'Donnell

Commence on vocals after 18 counts (10 seconds)

Left twinkle, right twinkle, forward and back basic

- 1-3. Left over right, right to right, close left to right
- 4-6. Right over left, left to left, close right to left
- 7-9. Left forward, close right to left, left in place
- 10-12. Right back, close left to right, right in place

Step, slow kick, step back, point left to left, hold, 1/2 turning basic left, back basic

- 1-3. Step forward on left, slow right kick forward over 2 counts
- 4-6. Step back on right, point left to left, hold
- 7-9. Step forward on left, turning 1/2 turn left stepping on right, left in place (6 o'clock)
- 10-12. Back on right, close left next to right, right in place

Step forward, turn 1/4 left, point to right, hold, step back, turn 1/2 right and point left to left, hold, Step left, rock back, recover, step right, rock back, recover

- 1-3. Step forward on left, turn 1/4 left and point right to right, hold (3 o'clock)
- 4-6. Step back on right turning 1/2 right and point left to left, hold (9 o'clock)
- 7-9. Step left to left, rock back on right behind left, recover on left
- 10-12. Step right to right, rock back on left behind right, recover on right

Gradually turning 1/4 left- forward basic, back basic, forward basic, back basic

- 1-3. Forward on left 1/8th left, right next to left, left in place
- 4-6. Back on right, left next to right, right in place
- 7-9. Forward on left 1/8th left, right next to left, left in place
- 10-12. Back on right, left next to right, right in place (6 o'clock)

Music ends after 9 counts of section 3: turn 1/4 to the front (12 o'clock) stepping forward on right and hold

Enjoy singing the "La La's" !!

Can be danced contra line too!





牆數: 2